

2011 - 2012 ANNUAL REPORT



Message from the Executive Director

Food for People is pleased to share this report, which highlights our accomplishments for fiscal year 2011-2012. It was another challenging year amidst a struggling economy, but thanks to the generosity of our caring community and the exceptional efforts of our dedicated staff and volunteers, we continued to provide food assistance for more than 12,000 children, families, seniors and individuals with disabilities each month. We couldn't be more grateful for the support you have so generously provided! Your donations of money, time, food and resources made it possible for us to help when needed most, and represent a significant investment in the long term health of our community. We'd like to extend special thanks to the 400+ volunteers who share their time and talents with us each month. Collectively, they donated 36,151 hours of their time, the equivalent of 20 full time staff positions, assisting with a wide variety of tasks.



Anne Holcomb accepts the 2012 Nonprofit Leader Achievement Award at the conference for the Northern California Association of Nonprofits (NorCAN) last fall.

In closing, I would like to extend our warmest thanks to all who are partnering with us to create a healthy, hunger-free community. Your commitment to helping us provide essential services in an atmosphere of dignity and respect is deeply appreciated. Please feel free to contact us at any time if you would like additional information about our programs and services, or would like to learn more about how you can get involved in our important work.

With gratitude,

A handwritten signature in cursive script that reads "Anne Holcomb".

Anne Holcomb, Executive Director



Our Children's Summer Lunch Program is a big favorite with the kids at Cooper Gulch Park!

BOARD MEMBERS

Annie Bolick-Floss, *President*
Jerome Simone, *Treasurer*
Nicholas Vogel, *Secretary*
Alison Aldridge
Betty Osborne
Carol Vander Meer
Chelsea Barto
Jessica Osborne-Stafsnes
Judy Anderson
Lew Litzky
Melanie Williams
Theresa Malloy

Food for People, Inc.
Statement of Financial Position
As of September 30, 2012

Sep 30, 12

ASSETS

Current Assets

Cash and Cash Equivalents	425,677.00
Accounts Receivable	92,570.00
Food Inventory	146,903.00
Prepaid Expenses	58,428.00
Total Current Assets	723,578.00

Fixed Assets

Property, Equipment and Improvements	490,560.00
Total Fixed Assets	490,560.00

TOTAL ASSETS	1,214,138.00
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LIABILITIES AND NET ASSETS

Current Liabilities

Accounts Payable	26,246.00
Accrued Expenses	17,936.00
Deferred Revenue	227,395.00
Unearned Donations - Inventory	87,488.00
Total Current Liabilities	359,065.00

Net Assets

Unrestricted Net Assets	731,340.00
Net Income	123,733.00
Total Net Assets	855,073.00

TOTAL LIABILITIES AND NET ASSETS	1,214,138.00
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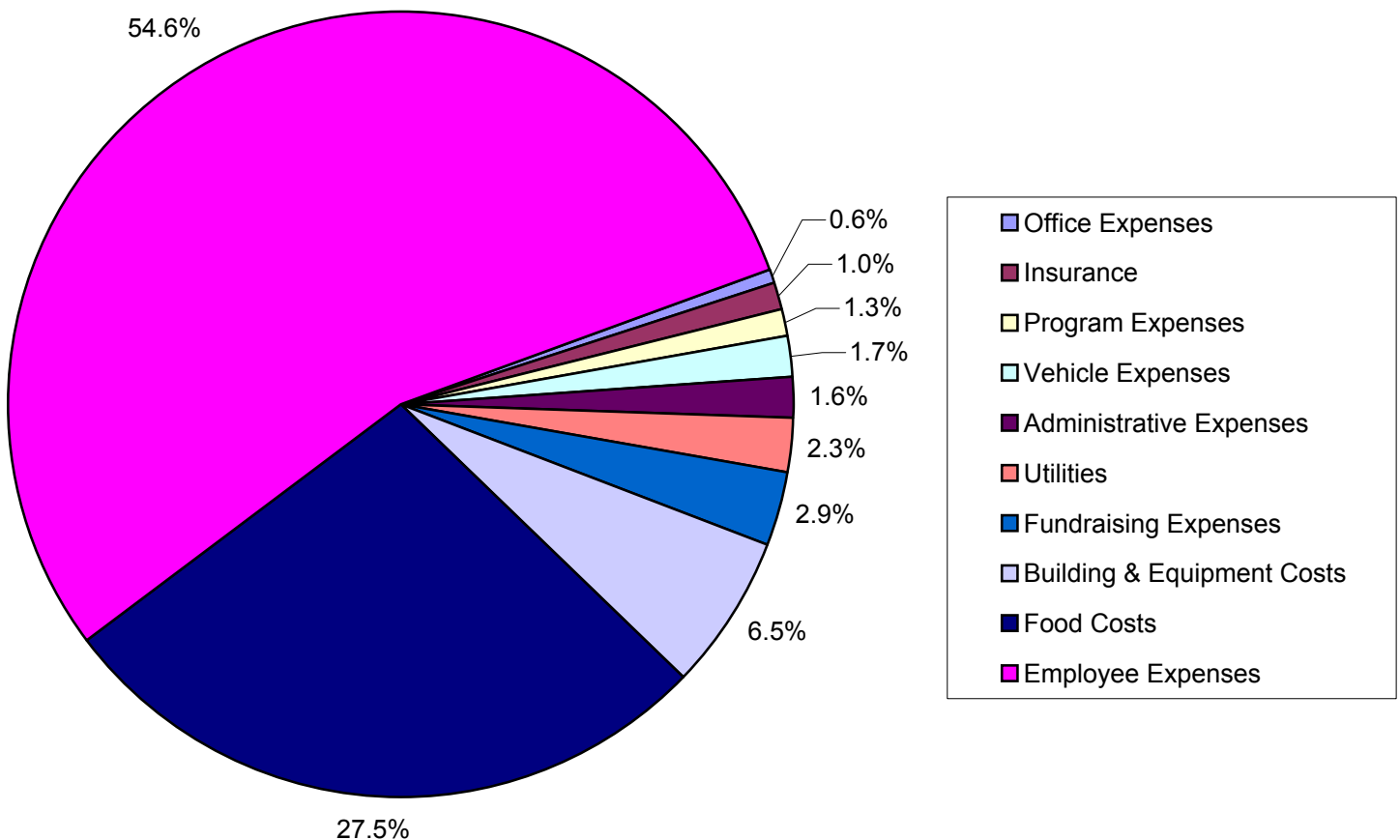
History of Food for People, Inc.

Food for People first opened its doors in 1979 as a small food closet, designed to fill a void in the county's social service programs. We have been able to grow our organization from a simple home-spun pantry to a thriving organization with 14 food assistance programs, thanks to the generous support of the local community and various grant making foundations which have provided funding for new and existing projects.

These programs include a network of emergency food pantries across the county, food distribution programs for children and seniors, nutrition education and outreach activities, food drives and gleaning efforts, as well as many partnerships throughout the community. Federal and state contracts specific to the distribution of USDA, FEMA and other purchased or donated foods provide approximately 39% of our annual funding. We rely on grants and local donations for the remaining 61%, which makes it possible for us to provide food for more than 12,000 low-income children, families, seniors, people with disabilities and other individuals each month.

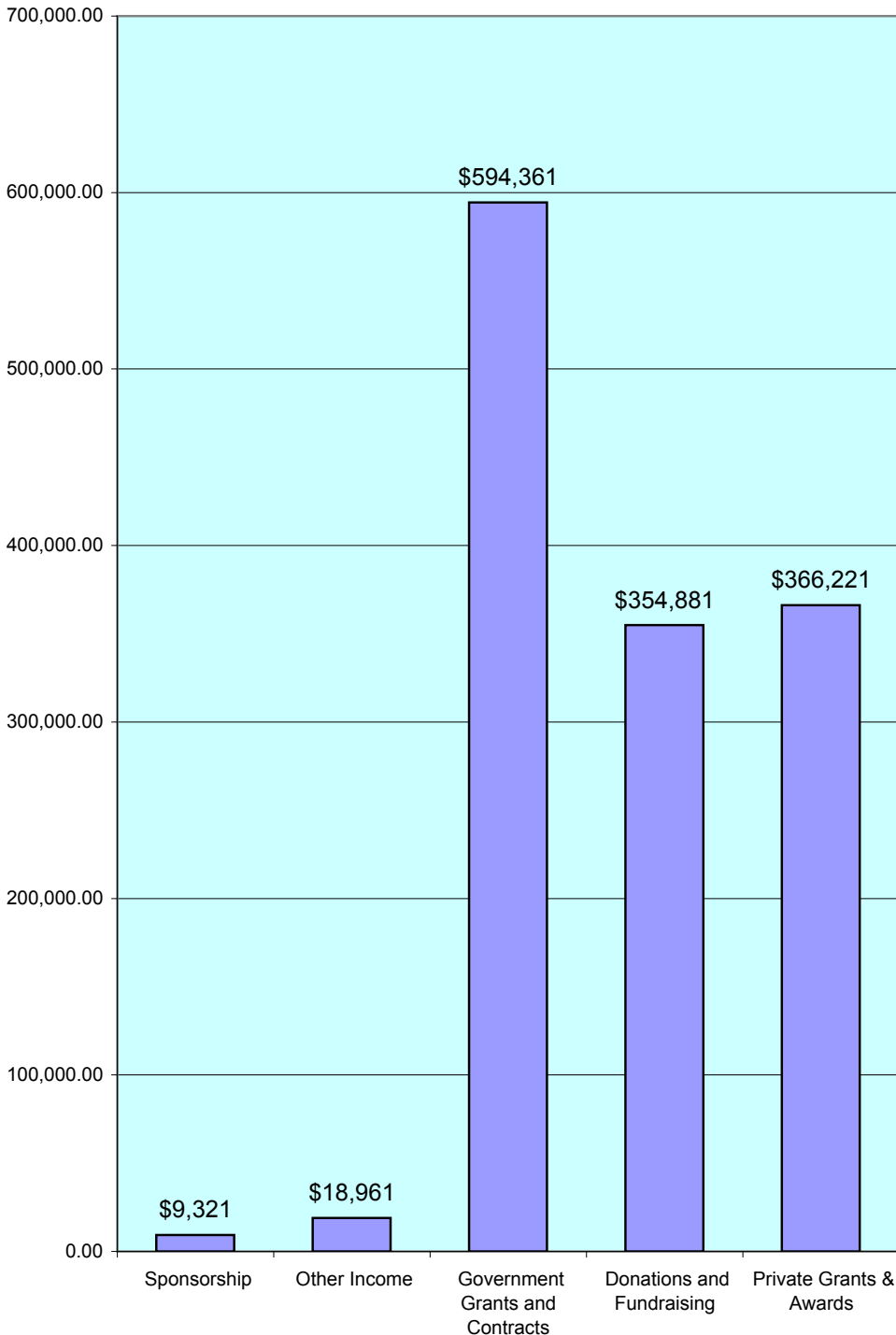
Together, we are working to end local hunger by increasing access to healthy and nutritious foods, while promoting community education and food policy advocacy. According to data provided through the California Health Interview Survey, Humboldt County has one of the highest rates of hunger and food insecurity statewide.

Food For People 2011 - 2012 Expenses



Food for People, Inc. is designated as the official Food Bank for Humboldt County

2011 - 2012 Funding Sources



Our Mission

Food for People is working to eliminate hunger and improve the health and well being of our community through access to healthy and nutritious foods, community education and advocacy.

Our Vision

We envision a community where no one is hungry and everyone in Humboldt County has access to good quality, nutritious food, everyone in the community understands the consequences of hunger and poor nutrition and that each one of us has a role to play in creating a strong, healthy community.

Food for People

currently operates a total of 14 programs intended to serve as a safety net for those whose circumstances have left them at risk for hunger and food insecurity. Last year, our food bank received and distributed more than 1.8 million pounds of food. Our goal is to provide individuals and households with the emergency and supplemental food they need, while working to address the root causes of hunger in our county.

Meeting the Need in Humboldt County

The Food Bank coordinates the distribution of food through all designated program areas, and also oversees the direct distribution of food through our **Choice Pantry** to as many as 1,225 families or households on average each month. The Choice Pantry style of food distribution allows folks to shop through our pantry and select the foods they want and need, so none goes to waste. Shopping is based on a nutritional point system to ensure that everyone gets a balance of foods which include all food groups. Last year we provided a total of 14,698 shopping trips in the Choice Pantry and 2,282 Emergency Boxes.



Our Community Food Programs Coordinator, Argelia Muñoz, packs up her delivery van with healthy, nutritious food for seniors and homebound adults receiving food from our programs.

Our **Emergency Food Pantry Network** provides food for 15 pantries and four congregate meal programs (soup kitchens) located throughout Humboldt County. 75,214 people were served collectively through all pantries this year, and 55,586 people were served by congregate meal sites in our network. Food for People monitors each site, and provides technical assistance, as needed.

The **Senior Brown Bag Program** has been in operation since 1987, and currently provides a bag of groceries for up to 300 low-income senior households each month. Volunteer drivers deliver bags to those who are unable to pick up their own food.



Providing fresh produce to people in need of food assistance is a huge part of our work. Our Mobile Produce Pantry travels to remote communities with a farmers' market-style distribution.

Our **Homebound Delivery Program** currently provides a monthly bag of groceries for 110 adults under age 60 who are too ill or disabled to leave their homes. Some of our recipients are recovering from surgery, while others may be coping with a terminal illness. Referrals are accepted from doctors, hospital discharge planners, social workers, home health workers, etc.

The **Commodity Supplemental Food Program** provides a 30-40 pound box of nutritious food monthly for more than 350 program participants. Our target population includes income-eligible seniors, pregnant or nursing mothers and children up to age 6 who are not enrolled in WIC (Women, Infants and Children Program).

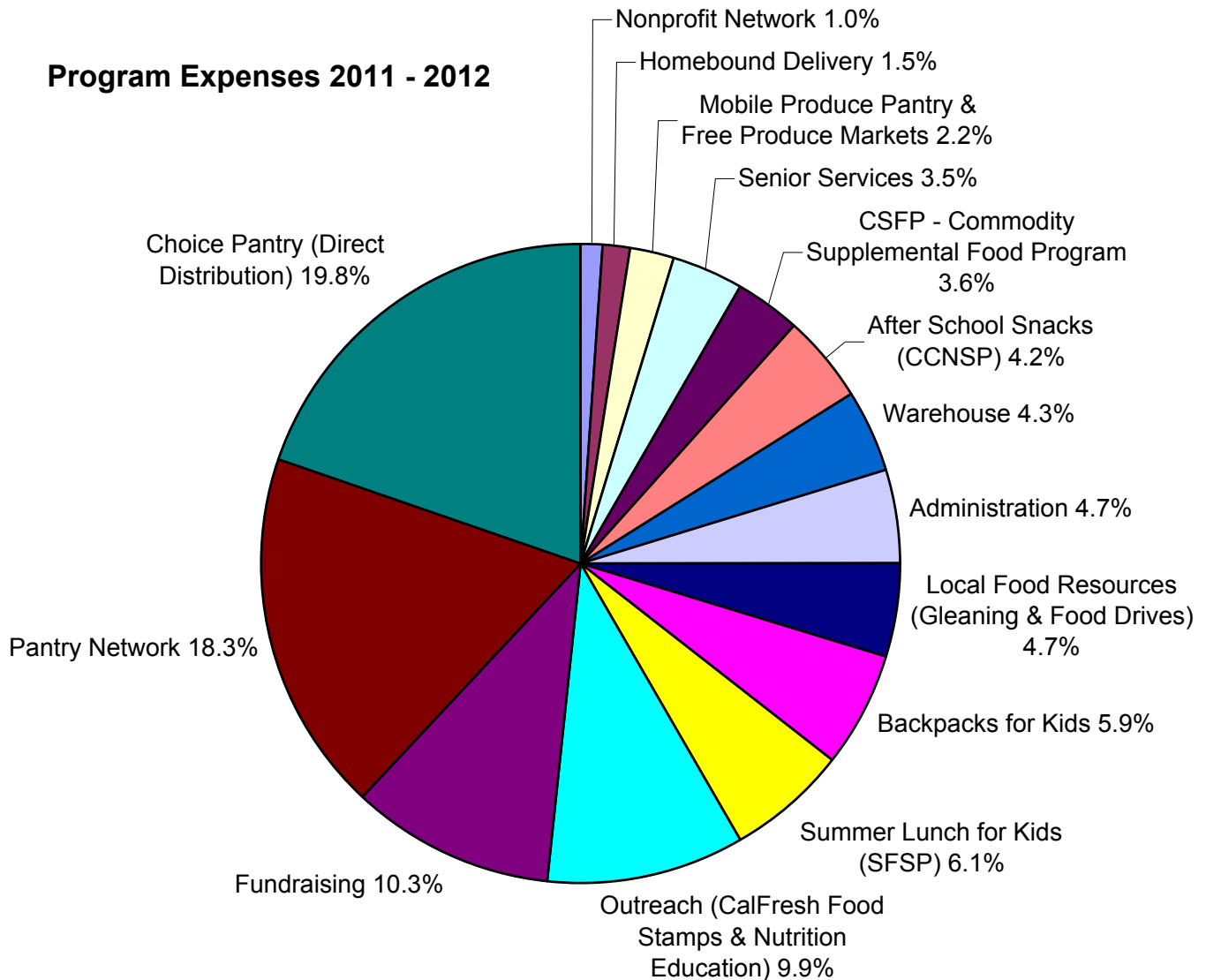
The Summer Food Service Program, also known as the **Children's Summer Lunch Program**, distributed 15,761 lunches at 21 community sites last summer. Free sack lunches are provided to low-income children whose families cannot afford the additional cost of the extra meals once school is out. The children served qualify for free or reduced-cost breakfast and lunch during the school year.

The **After School Snack Program** was initiated in October 2006 and provides healthy snacks in after school settings at various schools and youth programs for up to 400 children per day. Many of the sites are also partners in the summer lunch program. Last year we provided 51,352 after school snacks at 12 sites. Many of the sites are also partners in the summer lunch program.



Our Children's Summer Lunch Program knows that hunger doesn't take a vacation and provides a free sack lunch to children 18 and younger at sites throughout the county.

Program Expenses 2011 - 2012



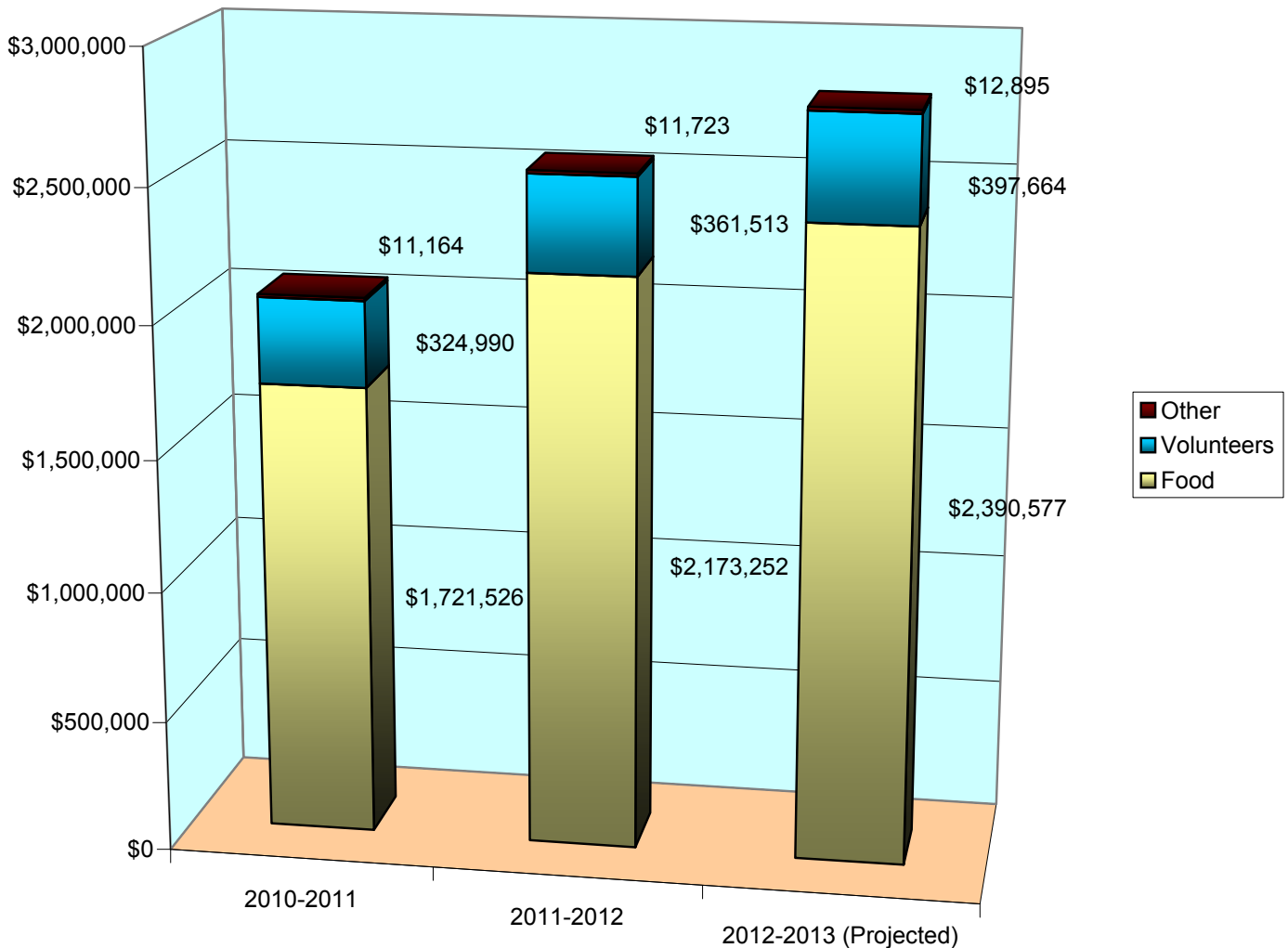
The **Backpacks for Kids** program provides a backpack filled with kid-friendly food every Friday during the school year for children who are considered at risk for hunger over the weekend. Last year, the program served 321 children at 18 schools.

The **Nonprofit Food Network** allows local nonprofit organizations providing residential, rehabilitation or after school programs to access locally donated food as well as food obtained through the Feeding America network at a low, per pound cost. Food must be used by programs serving only low-income children and adults.



Our People's Produce Markets offer a farmers' market-style distribution and are held monthly in Eureka, Fortuna, Garberville and Redway from May through October.

Dollar Value of In-Kind Donations 2011 - 2012



Fresh Produce Market programs include our **free farmers' market-style produce distributions** at four locations monthly, May through October, and the **Mobile Produce Pantry** which visits remote communities county-wide that lack access to fresh produce.

Local Food Resources Programs include the **Gleaning Program**, which accessed 42,739 lbs of donated fresh produce from commercial farms, orchards and backyard gardens this year; the **"Plant a Row for the Hungry"** campaign, which encourages backyard gardeners to plant an extra row of food to donate to a local food pantry; and community **Food Drives** through which our community donated 93,727 lbs this year.



The Local Food Resources Program includes our Gleaning Program, which accesses donated fresh produce from commercial farms, orchards and backyard gardens.



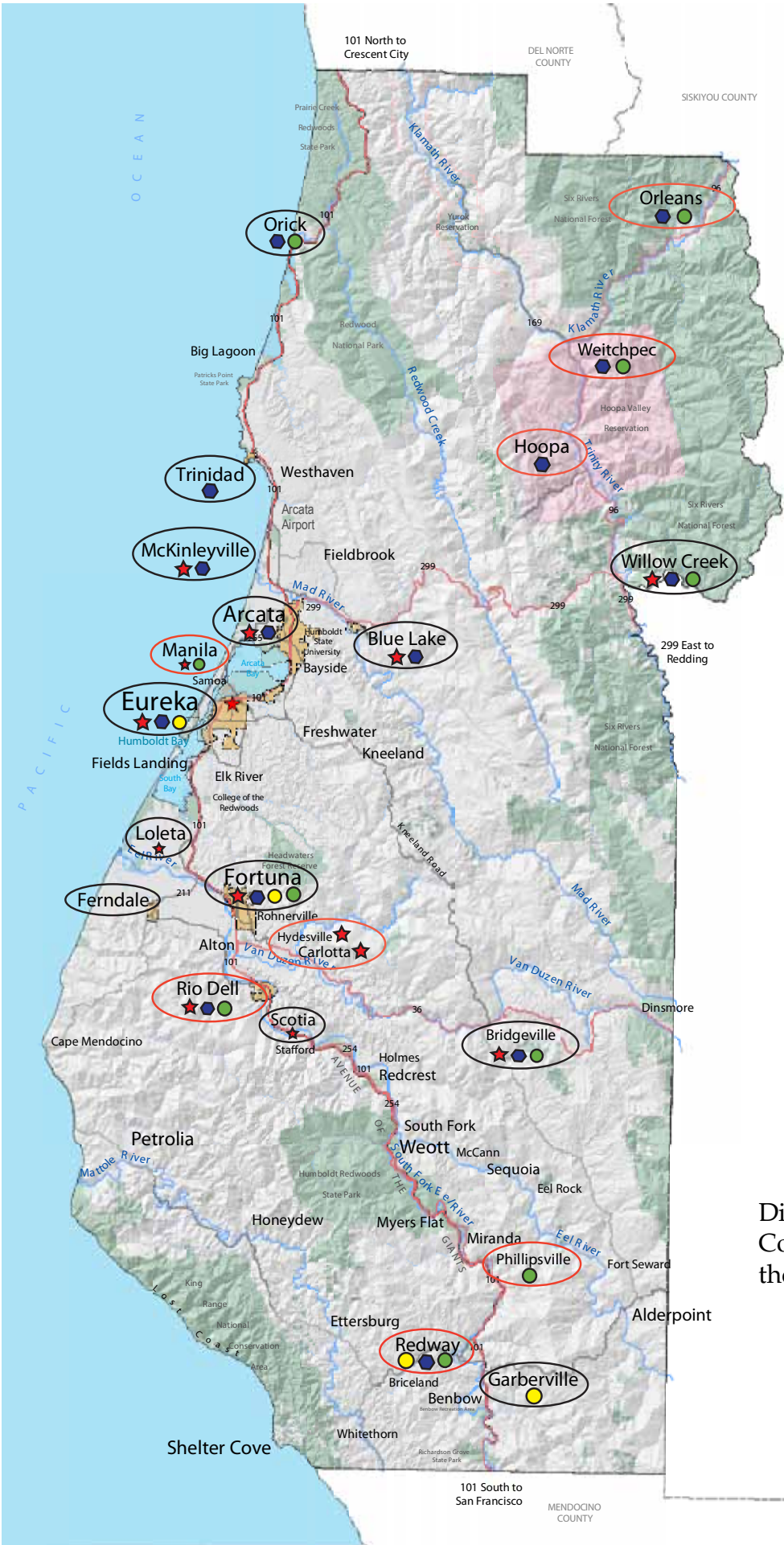
Monthly cooking demonstrations and free nutrition classes use seasonal produce and commodity foods to help our food bank community eat healthy meals.






Community Education and Outreach Programs include **Hunger 101**, a hands-on curriculum designed for children and adults of all ages which provides insight into the tough decisions low-income households face daily when trying to obtain adequate nutrition. Our **CalFresh Access Outreach Project** advocates for the elimination of bureaucratic barriers to CalFresh (formerly food stamps) for working families and seniors and helps to enroll folks in CalFresh. **Cooking and nutrition classes** are offered monthly at the Eureka North Coast Co-op demonstration kitchen and at various sites county-wide.

The **Emergency Food and Disaster Program** links Food for People with our local chapter of VOAD, Volunteer Organizations Active in Disaster. Should a disaster strike Humboldt County, Food for People would work with other local groups to make food available to any community experiencing hardship.

Food for People is a member of the **California Association of Food Banks** and is designated as a subsidiary distribution organization by **Feeding America**, a nationwide network of food banks. We are also members of the **Northern California Association of Nonprofits**, which helps to build and strengthen our focus on local partnerships and collaborations.

Meeting the challenge of providing service countywide!



-  Pantries in our Pantry Network
-  Towns with Backpacks for Kids, Summer Lunch, and/or After School Snack Programs
-  Towns with Senior Brown Bag, Homebound Delivery and/or CSFP Programs
-  Towns with Free Farmers' Market-Style Produce Distributions
-  Towns Visited by Mobile Produce Pantry

Did you know that Humboldt County has a land mass three times the size of the state of Rhode Island?

Our Values

Integrity – We will demonstrate the highest ethical standards in all interactions.

Stewardship – We will be accountable to all through the efficient and most appropriate use of resources entrusted to us.

Teamwork – We will foster cooperation among our diverse volunteers, staff and community partners.

Respect – We will treat all our relationships with respect.

Innovation – We will continually seek to provide excellent service through the development of new and improved methods to reduce hunger.

Empathy, Passion, Empowerment – We encourage and support the best in ourselves and those we serve.

Beliefs – We believe in engaging the community and involving those we serve in finding solutions to eliminate hunger and food insecurity.

We believe the root causes of hunger must be addressed to realize our long-term goal of eliminating hunger.

We believe collaboration and partnerships – internally and externally – are essential to fulfilling our mission.

We recognize the dignity of all people and believe food is an essential right.

We believe hunger can be eliminated.

Food for People, Inc.

The Food Bank of Humboldt County
307 West 14th Street Eureka, CA 95501
(707) 445-3166 www.foodforpeople.org



Feeding the future: Consistent access to healthy food = healthy kids!