



Food for People

ANNUAL REPORT
Fiscal Year 2012-2013



We prioritize fresh fruits and vegetables as a staple in all our of food distribution programs.



The Redwood Unit of the Backcountry Horsemen of California kicked off our 2013 Holiday Spirit Food and Fund Drive with their annual Cowboy Canned Food Convoy.



Food for People, Inc.
The Food Bank for Humboldt County
307 West 14th Street
Eureka, CA 95501
(707) 445-3166
www.foodforpeople.org

Food for People, Inc. is a 501(c)(3) nonprofit as referenced by EIN 94-2772549.

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Fiscal Year 2012-2013

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Generous supporters host a food drive and deliver a truckload of canned food to Food for People.

Message from the Executive Director

Food for People is pleased to share this annual report, which highlights our accomplishments for fiscal year 2012-2013. Maintaining services for the nearly 12,000 children, families, seniors, and individuals with disabilities we serve each month is an ongoing challenge that would not be possible without the outstanding efforts of our dedicated staff and volunteers and the generosity of food and financial donors within our community. We couldn't be more grateful for your support! Your generous donations of time, money, food, and resources make it possible for us to help when needed most and represent a significant investment in the long-term health of our community.

We would also like to acknowledge the wonderful spirit of collaboration that exists within our community. Humboldt County's rural and isolated location presents its own set of challenges but I think it also serves to make us stronger, providing important opportunities for nonprofit organizations, businesses, government entities, civic groups, schools, families, and interested individuals to work together and share limited resources to make our community a better place to live. It also helps to create a deeper understanding of the reality that we are all friends and neighbors who look out for each other when times get tough.

In closing, I would like to extend our warmest thanks to all who are partnering with us to create a healthy, hunger-free Humboldt County. Your commitment to helping us provide essential services in an atmosphere of dignity and respect is deeply appreciated. Please feel free to contact us at any time if you would like additional information about our programs and services or would like to learn more about how you can get involved in our important work.

With gratitude,



Anne Holcomb, Executive Director



Donations from the Letter Carriers' Food Drive are unloaded at Food for People by staff and volunteers.

Our Mission

Food for People is working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education, and advocacy.

Our Vision

We envision a community where no one is hungry; everyone has access to high quality, nutritious food; and everyone understands the consequences of hunger and poor nutrition and the role that each one of us has to play in creating a strong, healthy community.

Food for People, Inc.
Statement of Financial Position
as of September 30, 2013

ASSETS

Current Assets		
Cash and Cash Equivalents	\$302,389.00	
Accounts Receivable	\$200,772.00	
Food Inventory	\$131,335.00	
Prepaid Expenses	\$20,963.00	
Total Current Assets	\$655,459.00	
Fixed Assets		
Property, Equipment, and Improvements	\$514,693.00	
Total Fixed Assets	\$514,693.00	
TOTAL ASSETS	\$1,170,152.00	

LIABILITIES AND NET ASSETS

Current Liabilities		
Accounts Payable	\$39,017.00	
Note Payable	\$9,266.00	
Accrued Expenses	\$32,079.00	
Deferred Revenue	\$168,890.00	
Unearned Donations—Inventory	\$127,191.00	
Total Current Liabilities	\$376,443.00	
Net Assets		
Unrestricted Net Assets	\$855,073.00	
Net Income	-\$61,364.00	
Total Net Assets	\$793,709.00	
TOTAL LIABILITIES AND NET ASSETS	\$1,170,152.00	



Volunteer gleaners harvest local fruit and vegetables.

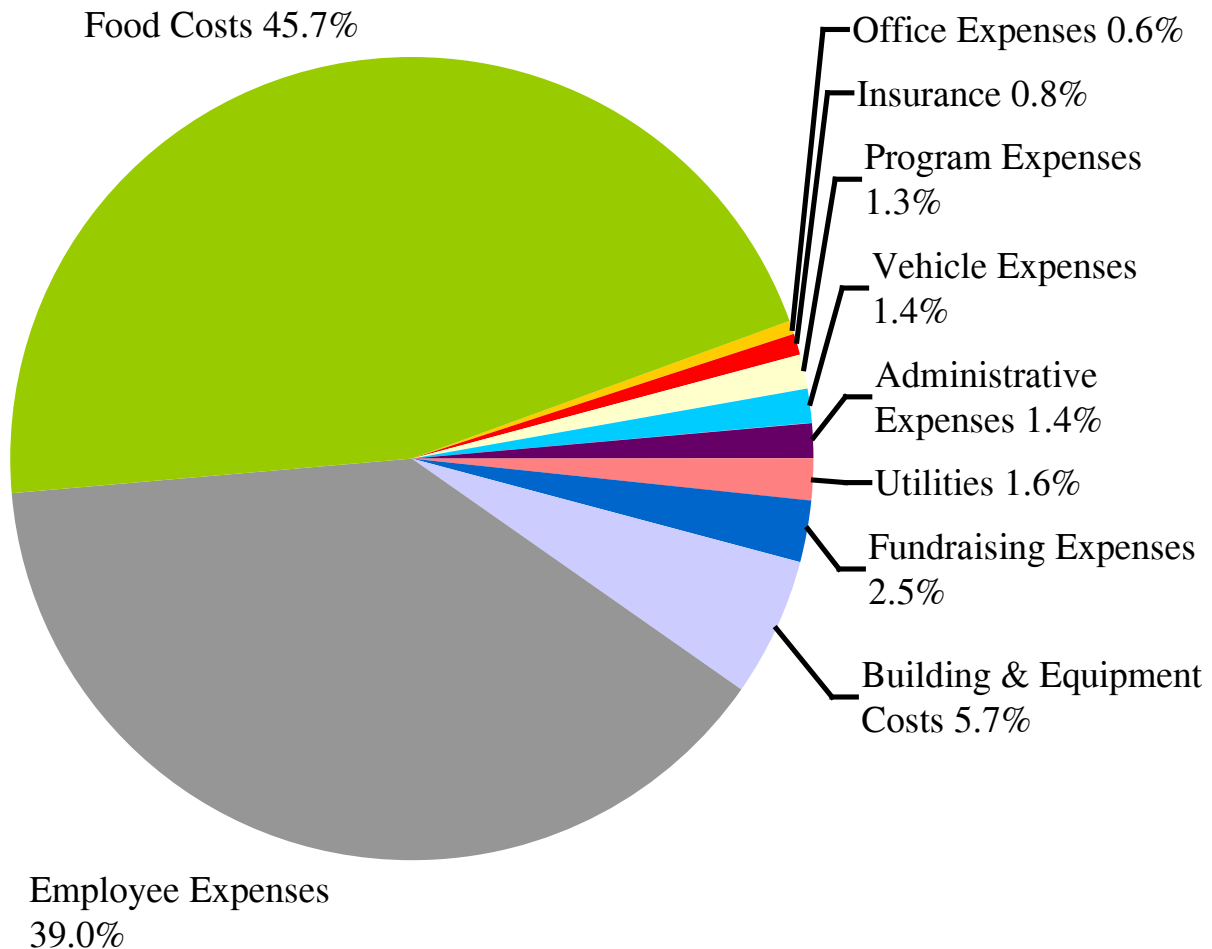
History of Food for People, Inc.

Food for People first opened its doors in 1979 as a small food closet, designed to fill a void in the county's social service programs. Our programs and services have grown and matured over the past 35 years, thanks to the generous support of the local community and the various grantmaking foundations that have provided funding for new and existing projects. Federal and state contracts specific to the distribution of USDA, FEMA, and other purchased or donated foods, combined with grants and generous local donations, make it possible for us to provide food for more than 12,000 low-income children, seniors, people with disabilities, and other individuals each month. According to data provided through the California Health Interview Survey, Humboldt County has one of the highest rates of hunger and food insecurity statewide.

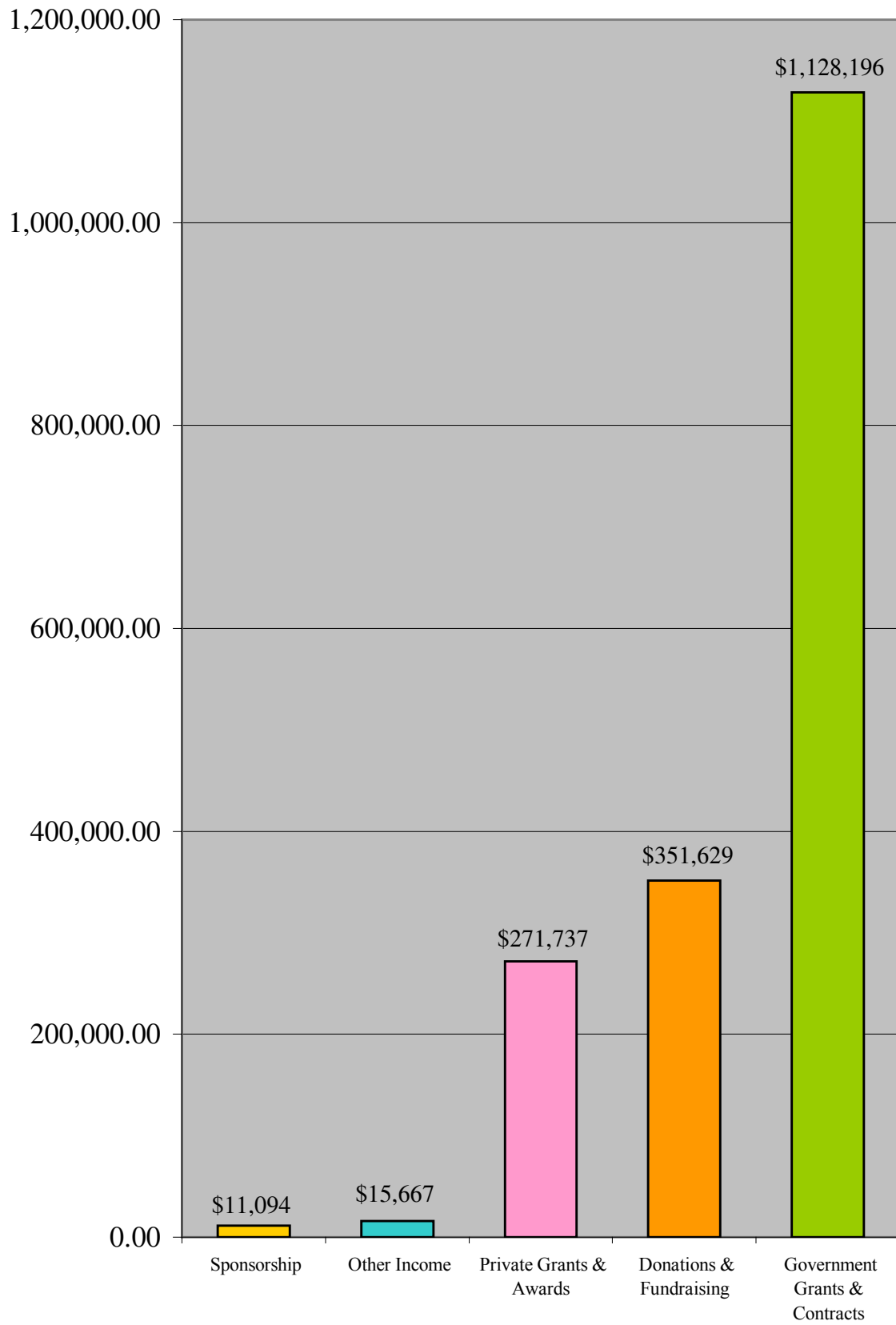
Food for People is a member of the California Association of Food Banks and is designated as a partner distribution organization (PDO) by Feeding America, a nationwide network of food banks. We are also members of the Northern California Association of Nonprofits, which helps to build and strengthen our focus on local partnerships and collaborations.

Food for People, Inc. is designated as the official food bank for Humboldt County.

2012-2013 Expenses



2012-2013 Funding Sources



Meeting the Need in Humboldt County

Food for People currently operates a total of 14 programs intended to serve as a safety net for those whose circumstances have left them at risk for hunger and food insecurity. In fiscal year 2012-2013, our food bank received and distributed more than 2.1 million pounds of food. Our goal is to provide individuals and households with the emergency and supplemental food they need, while working to address the root causes of hunger in our county.

The Food Bank coordinates the distribution of food through all designated program areas, and also oversees the direct distribution of food through our **Choice Pantry** to an average of 1,230 households

each month. The Choice Pantry style of food distribution allows folks to shop through our pantry and select the foods they want and need, so none goes to waste. Shopping is based on a nutritional point system to ensure that everyone gets a balance of foods across the entire food pyramid. We provided a total of 14,760 shopping trips in the Choice Pantry and 3,657 Emergency Food Boxes.

Our **Emergency Food Pantry Network** provides food for 15 pantries and 4 congregate meal programs (soup kitchens) located throughout Humboldt County. 2,616 households were served on average each month through all pantries, and an average of 4,784 meals were served each month by congregate meal sites in our network. Food for People monitors each site, and provides technical assistance as needed.

The **Senior Brown Bag Program** has been in operation since 1987, and currently provides a bag of groceries for up to 300 low-income senior households each month. Volunteer drivers deliver bags to those who are unable to pick up their own food.



One third of the 2.1 million pounds of food we distributed was fresh produce, which is available countywide through our programs, including in remote, underserved communities.



The Choice Pantry at Food for People in Eureka.

Our **Homebound Delivery Program** provides a monthly bag of groceries for up to 100 adults under age 60 who are too ill or disabled to leave their homes. Some recipients are recovering from surgery while others may be coping with a terminal illness. Referrals are accepted from hospital discharge planners, social workers, and home health workers.

The **Commodity Supplemental Food Program** provides a 30-40 pound box of nutritious food monthly for 325 program participants. Our target population includes income-eligible seniors, pregnant women, and post-partum mothers and children



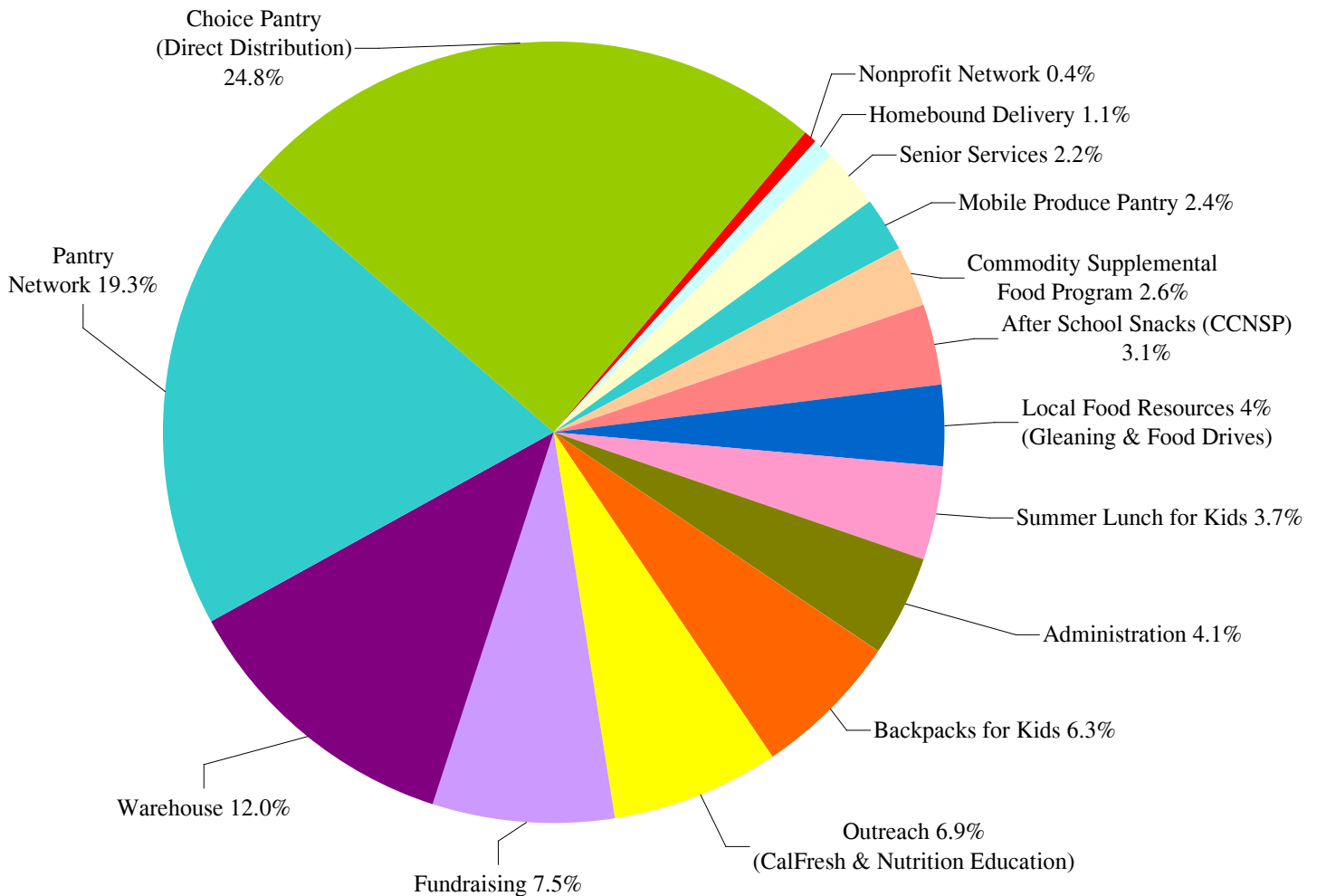
up to age 6 who are not enrolled in WIC (Women, Infants and Children program).

The **Summer Food Service Program**, also known as the Children’s Summer Lunch Program, distributed 14,946 lunches at 20 community sites. Free sack lunches are provided to low income children whose families cannot afford the additional cost of the extra meals once school is out. The majority of the children served qualify for free or reduced-cost breakfast and lunch during the school year.

The **After School Snack Program** was initiated in October 2006 and provides healthy snacks in after-school settings at various schools and youth programs for up to 400 children per day. We distributed 65,242 snacks at 13 sites. Many of the sites are also partners in the Summer Lunch Program.

The Summer Lunch Program provides nutritious free lunches to children.

Program Expenses 2012-2013



The **Backpacks for Kids Program** provides a backpack filled with kid-friendly food every Friday during the school year for children who are considered at risk for hunger over the weekend. In the 2012-2013 school year, the program served 418 children at 19 schools.

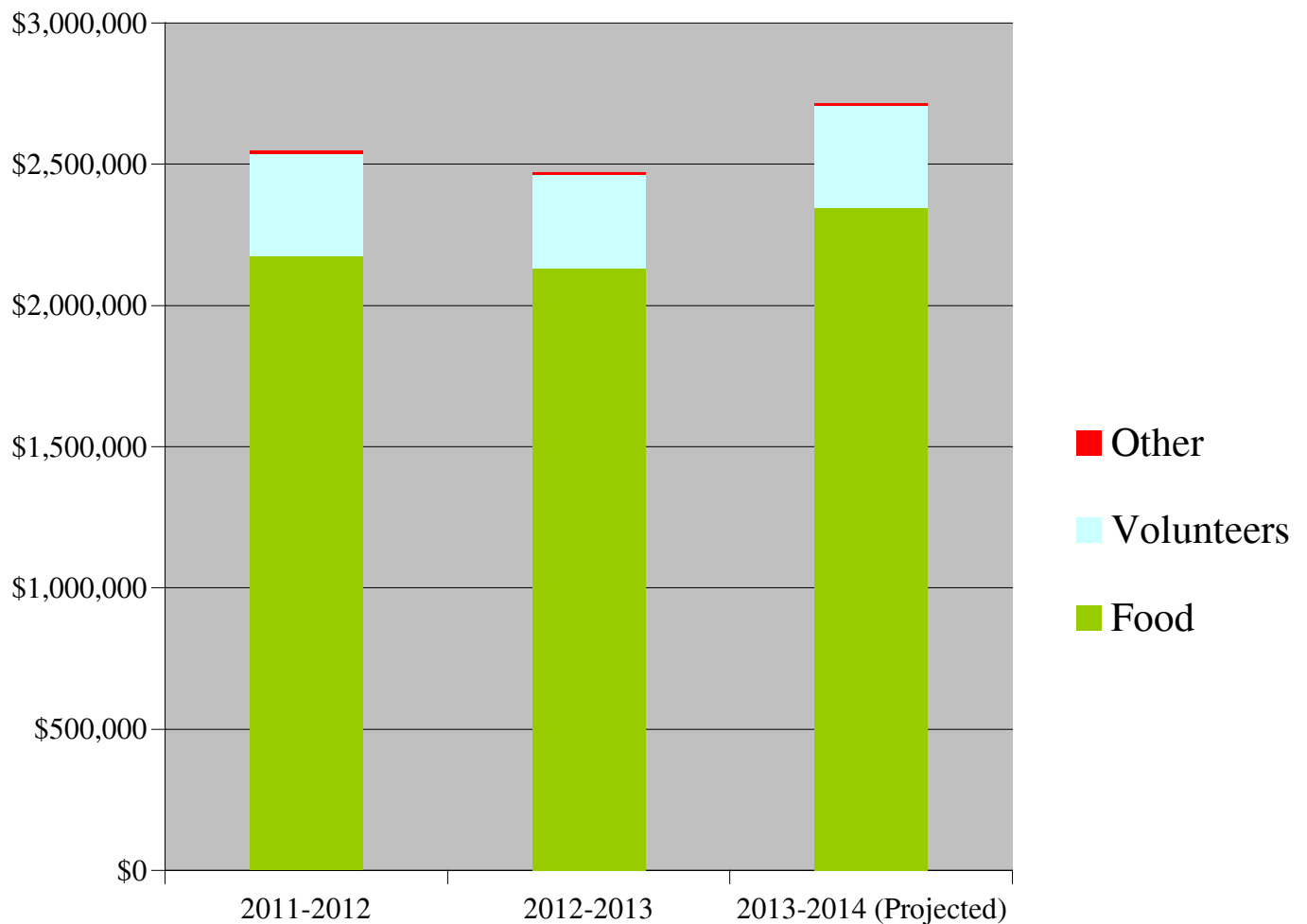
The **Nonprofit Food Network** allows local nonprofit organizations providing residential, rehabilitation, or after-school programs to access food obtained through the Feeding America network at a low, per-pound cost. Food must be used by programs serving only low-income children and adults.

Fresh Produce Market Programs include our **Free Produce Market**, farmers' market-style produce distributions at 4 locations monthly from May through October, and the **Mobile Produce Pantry**, which visits remote communities county-wide that lack access to fresh produce.



A visitor to the Mobile Produce Market selects from a wide array of fresh fruits and vegetables.

Dollar Value of In-Kind Donations 2012-2013



The **Emergency Food and Disaster Program** links Food for People with our local chapter of Volunteer Organizations Active in Disaster (VOAD). Should a disaster strike Humboldt County, Food for People would work with other local groups to make food available to any community experiencing hardship.

Local Food Resources Programs include the **Gleaning Program**, which accessed 73,678 pounds of donated fresh produce from commercial farms, orchards, and backyard gardens; the **“Plant a Row for the Hungry” Campaign**, which encourages backyard gardeners to plant an extra row of food to donate to a local food pantry; and various community **Food Drives**, through which our community donated 132,638 pounds of food.

Community Education and Outreach Programs include **Hunger 101**, a hands-on curriculum designed for children and adults of all ages which provides insight into the tough decisions low-income households face daily when trying to obtain adequate nutrition.

Our **CalFresh Access Outreach Project** advocates for the elimination of bureaucratic barriers to CalFresh (formerly food stamps) for working families and seniors and helps to enroll them in CalFresh. Cooking and nutrition classes are offered monthly at the Eureka Coop demonstration kitchen, and at various sites county-wide.



Longtime volunteer Bev distributes produce at the Free Produce Market in Eureka.

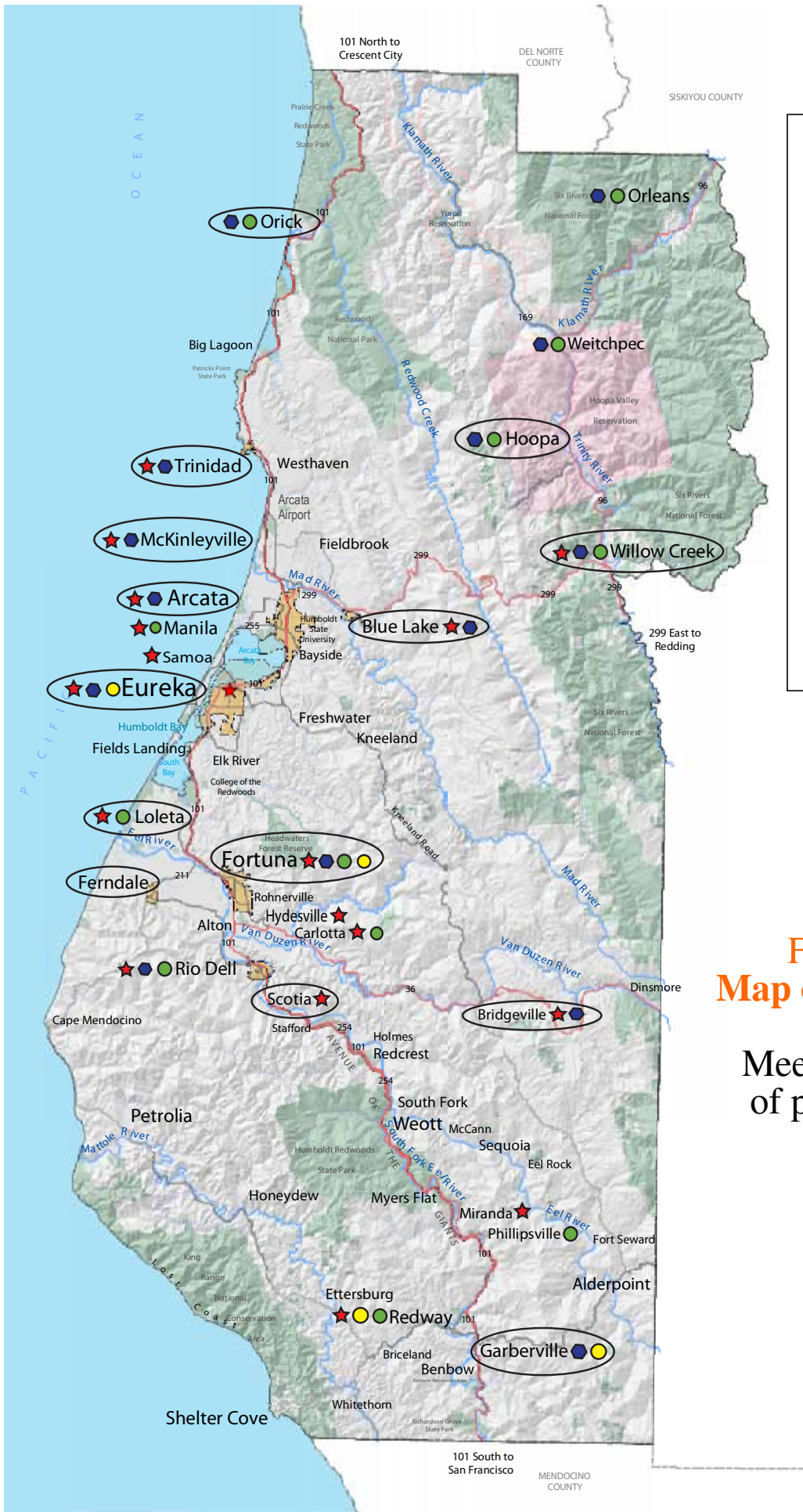







Left: Heidi McHugh, Food for People’s Community Education & Outreach Coordinator, prepares healthy smoothies for children at one of our summer lunch sites.



Right: Volunteer chef Anne Harris teaches our monthly cooking class for clients at the Eureka Co-op, featuring monthly commodity foods and fresh produce.

Food for People
Program Services Map 2014



-  Pantries in our Pantry Network
-  Towns with Backpacks for Kids, Summer Lunch, and/or After School Snack Programs
-  Towns with Senior Brown Bag, Homebound Delivery and/or CSFP Programs
-  Towns with Free Farmers' Market-Style Produce Distributions
-  Towns Visited by Mobile Produce Pantry

Food for People
Map of County Services

Meeting the challenge
of providing services
countywide!

Our Values

Integrity – We will demonstrate the highest ethical standards in all interactions.

Stewardship – We will be accountable to all through the efficient and most appropriate use of resources entrusted to us.

Teamwork – We will foster cooperation among our diverse volunteers, staff and community partners.

Respect – We will treat all our relationships with respect.

Innovation – We will continually seek to provide excellent service through the development of new and improved methods to reduce hunger.

Empathy, Passion, Empowerment – We encourage and support the best in ourselves and those we serve.

Our Beliefs

We believe in engaging the community and involving those we serve in finding solutions to eliminate hunger and food insecurity.

We believe the root causes of hunger must be addressed to realize our long-term goal of eliminating hunger.

We believe collaboration and partnerships—internally and externally—are essential to fulfilling our mission.

We recognize the dignity of all people and believe food is an essential right.

We believe hunger can be eliminated.



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