

2014-2015 Annual Report

Food for People, Inc.
The Food Bank for Humboldt County



Food for People

The Food Bank for Humboldt County



Food for People is a non-profit organization working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education and advocacy.

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Food for People, Inc.
The Food Bank for Humboldt County
307 West 14th Street
Eureka, CA 95501
(707) 445-3166
www.foodforpeople.org

Food for People, Inc. is a 501(c)(3) nonprofit as referenced by EIN 94-2772549.

Our Vision

We envision a community where everyone has access to good quality, nutritious food, understands the consequences of hunger and poor nutrition and is committed to creating a stronger, healthier Humboldt County.



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Cover photo by Photographer Ginny Dexter.
Additional photos provided by Food for People Staff.

Executive Director's Message

Food for People is pleased to present this annual report highlighting our accomplishments for fiscal year 2014-2015, which encompasses the period from October 1, 2014 through September 30, 2015. It represents our 36th year of service to our community, providing food assistance to an average of 12,000 individuals of all ages each month. Our 14 programs include food distributions for children, families, seniors and people with disabilities; a variety of nutrition education activities; and CalFresh outreach and application assistance. We connect with people at rural and urban locations throughout Humboldt County with sites that extend from Garberville in the south to Orick in the north and from Eureka on the coast to Hoopa and points east.



There are many challenges inherent in serving people spread out over such a wide geographic area who are experiencing poverty and food insecurity, but thankfully, community support isn't one of them. We applaud the outstanding efforts of our capable, hardworking staff and extend our heartfelt thanks to the hundreds of dedicated volunteers countywide who share their time and talents with us each month. We are also grateful for the wonderful spirit of collaboration that touches each one of our programs in a significant way. Our program partners include Family and Community Resource Centers, faith-based groups, nonprofit organizations, businesses, government entities, civic groups, schools, families and interested individuals who work together and share limited resources to make our community a better place to live.

In reading through this year end report, you can also see what a tremendous impact the generosity of our food and financial donors continues to have on our success. Their donations of time, money, food and resources make it possible for us to help when needed most and represent a significant investment in the long term health of our community. We appreciate their willingness to help us maintain a strong focus on good nutrition as a pathway to good health.

In closing, I would like to extend our warmest thanks to all who are partnering with us to create a healthy, hunger-free Humboldt County. Your commitment to helping us provide essential services in an atmosphere of dignity and respect is deeply appreciated and is a reflection of the fact that we are all friends and neighbors who look out for each other when times get tough. We couldn't be more grateful for your support!

With gratitude,

Anne Holcomb
Executive Director

IMAGINE
A WORLD WITHOUT HUNGER... WE DO



Statement of Financial Position

As of September 30, 2015

Sep 30, '15

ASSETS

Current Assets

Cash and Cash Equivalents	391,361.00
Accounts Receivable	269,861.00
Food Inventory	74,020.00
Prepaid Expenses	33,182.00
Total Current Assets	768,424.00

Fixed Assets

Property, Equipment and Improvements	424,169.00
Total Fixed Assets	424,169.00

TOTAL ASSETS

1,192,593.00

LIABILITIES AND NET ASSETS

Liabilities

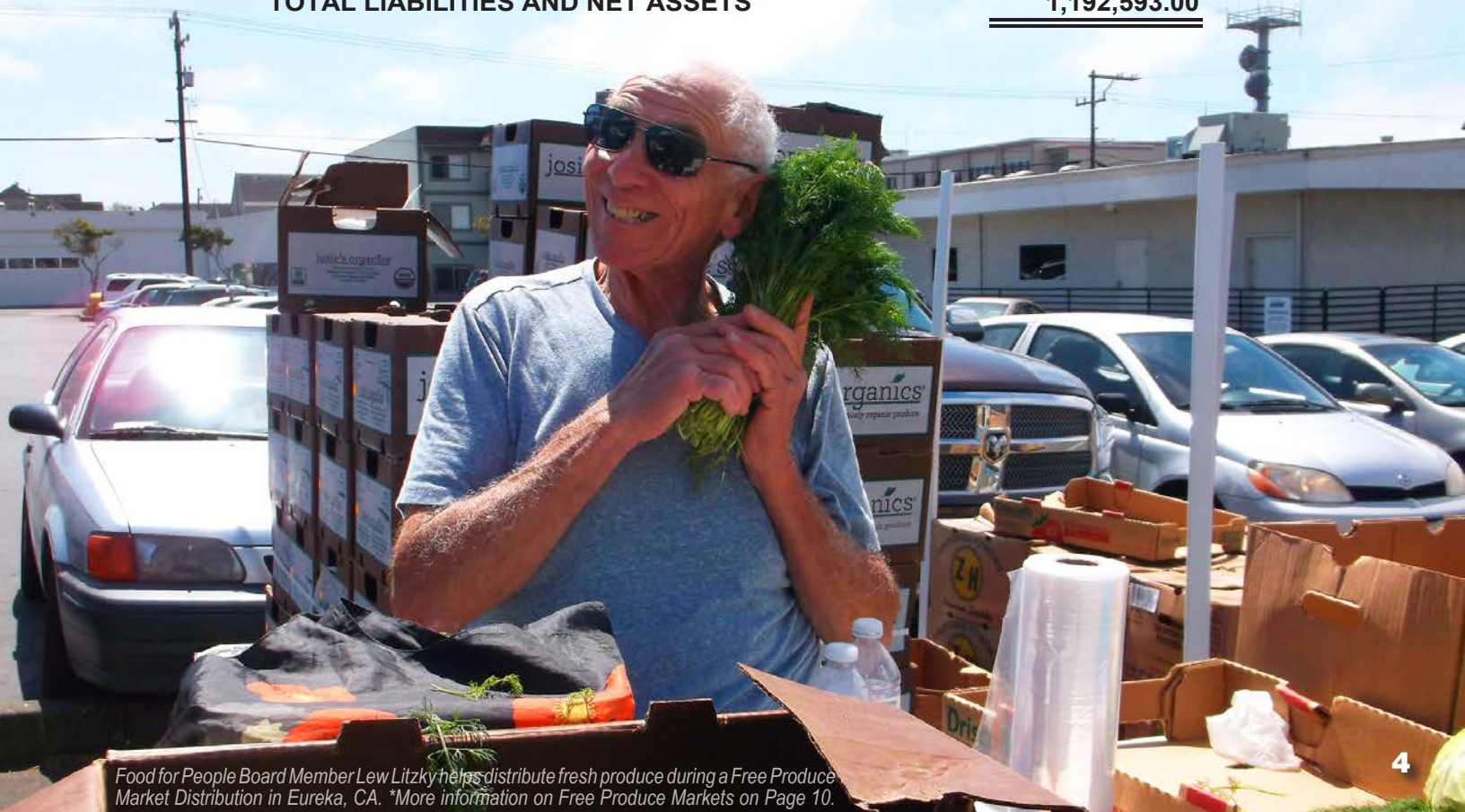
Accounts Payable	1,703.00
Note Payable	5,440.00
Accrued Expenses	29,165.00
Total Liabilities	36,308.00

Net Assets

Unrestricted Net Assets	898,978.00
Temporarily Restricted	257,307.00
Total Net Assets	1,156,285.00

TOTAL LIABILITIES AND NET ASSETS

1,192,593.00



History of Food for People, Inc.

Food for People first opened its doors in 1979 as a small food closet, designed to fill a void in the County's social service programs. Our programs and services have grown and matured over the past 36 years, thanks to the generous support of the local community and the various grant making foundations that have provided funding for new and existing projects.

Federal and state contracts specific to the distribution of USDA, FEMA and other purchased or donated foods, combined with grants and generous local donations, make it possible for us to provide food for more than **12,000 low income children, seniors, people with disabilities and other individuals each month.**

According to data provide through the California Health Interview Survey, Humboldt County has one of the highest rates of hunger and food insecurity statewide.

Food for People is a member of the California Association of Food Banks and is designated as a partner distribution organization by Feeding America, a nationwide network of food banks. We are also members of the Northern California Association of Nonprofits, which helps to build and strengthen our focus on local partnerships and collaborations.

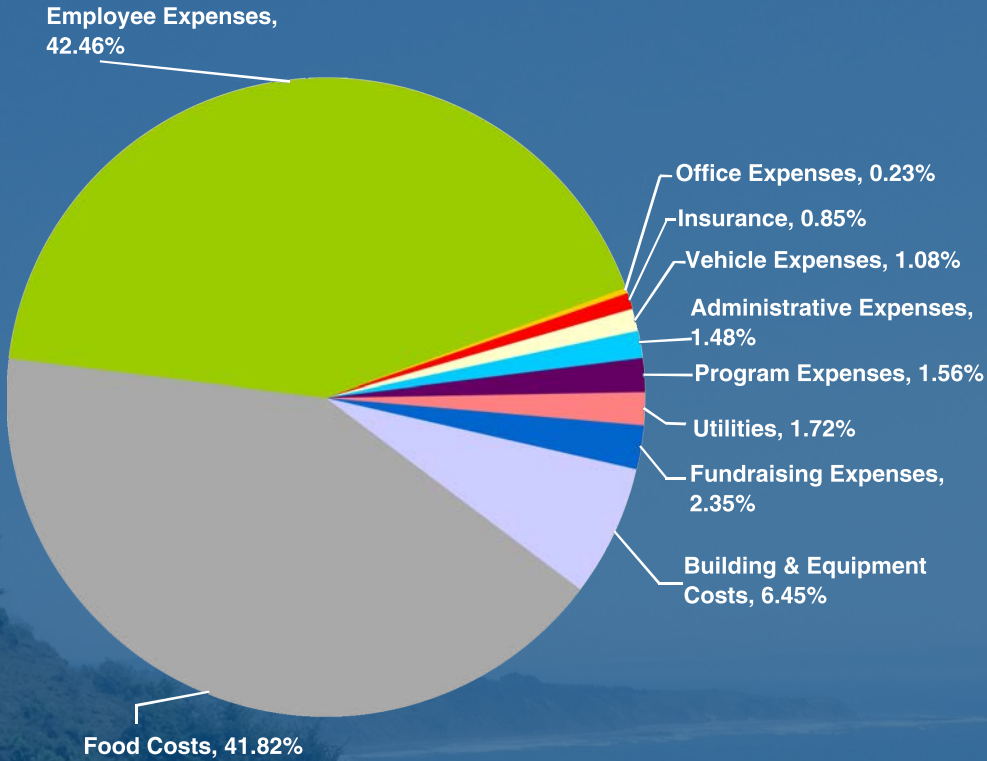


The programs offered by Food for People are intended to serve as a safety net for those whose circumstances have left them at risk for hunger and food insecurity. Our goal is to provide individuals and households with the emergency and supplemental food they need, while working to address the root causes of hunger in our county.

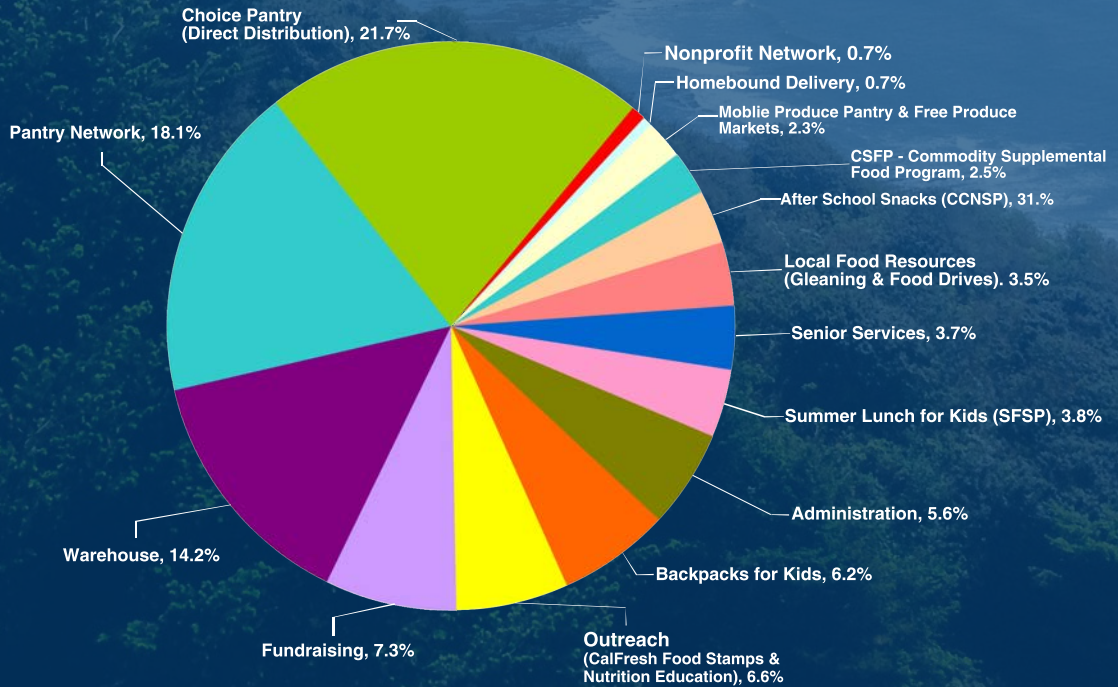
Food for People, Inc. is designated as the Food Bank for Humboldt County.

Top: Food for People in Eureka, CA is the official food bank for Humboldt County working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education and advocacy. Bottom: Volunteers out in abundance during a "Second Saturday Volunteer Day" at Food for People in Eureka, CA.

2014-2015 Expenses



2014-2015 Program Expenses



Meeting the Need in Humboldt County

Food for People, Inc. currently operates a total of 14 programs, each of which is designed to address the needs of those who are experiencing hunger and food insecurity.

Last year, our food bank distributed more than 2 million pounds of food.

An average of 429 volunteers per month donated 28,371 hours of their time last year—equivalent to 16 full-time staff positions.



The Food Bank coordinates the distribution of food through all designated program areas, and also oversees the direct distribution of food through our **Choice Pantry** to an average of 1,149 households each month. The Choice Pantry style of food distribution invites people to shop through our pantry and select the foods they want and need, so none goes to waste. Shopping is based on a nutritional point system to ensure that everyone gets a balance of foods from every food group (protein, grain, fruits, vegetables, dairy). Last year we provided a total of 13,786 shopping trips in the Choice Pantry and an additional 2,231 Emergency Food Boxes.



Our **Emergency Food Pantry Network** provides food for 17 pantries and 4 congregate meal programs (soup kitchens) located throughout Humboldt County. An average of 2,738 households were served each month through all pantries last year, and an average of 10,177 meals were served each month by congregate meal sites in our network. Food for People monitors each site, and provides technical assistance, as needed.



The Senior Brown Bag Program

has been operating since 1987, and currently provides a bag of groceries for more than 300 low-income senior households county-wide each month. Volunteer drivers deliver bags to those who are unable to pick up their own food.

The **Commodity Supplemental Food Program** for seniors provides a 30-40 pound box of nutritious food monthly for more than 200 program participants at six locations.

Our **Homebound Delivery Program** provides a monthly bag of groceries for up to 100 adults under age 60 who are too ill or disabled to leave their homes. Some recipients are recovering from surgery, while others may be coping with a terminal illness. Referrals are accepted from hospital discharge planners, social workers, home health workers, etc.



Top: Volunteer Bruce Wayne helps distribute fresh greens during a Free Produce Market at Food for People in Eureka, CA. Bottom: Volunteer Mary Scott loads up pre made food boxes to deliver to residents in need as a part of Food for People's Homebound Delivery Program.

The **Summer Food Service Program**, also known as the Children's Summer Lunch Program, distributed 14,892 lunches at 21 community sites in summer 2015. Free sack lunches are provided to low-income children whose families cannot afford the additional cost of the extra meals once school is out. The majority of the children served qualify for free or reduced-cost breakfast and lunch during the school year.



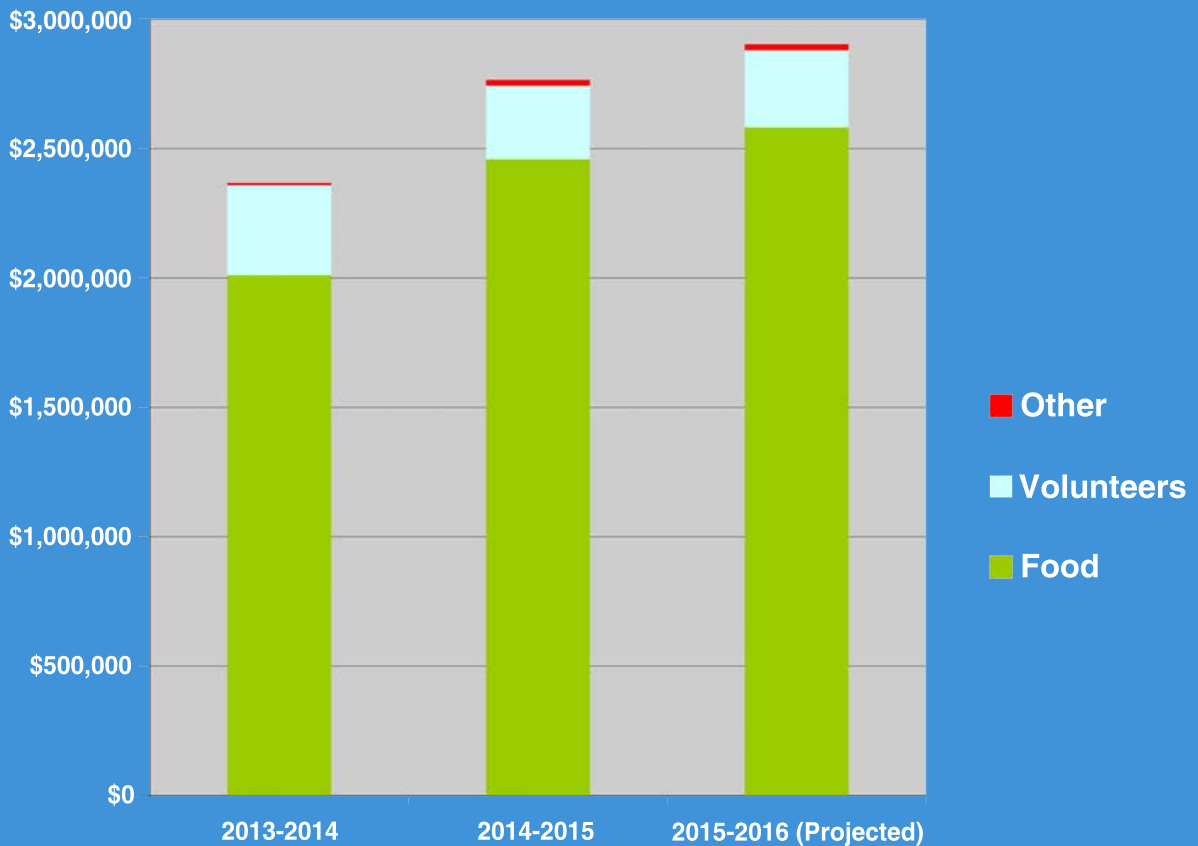
The **After School Snack Program** was initiated in October 2006 and provides healthy snacks in after school settings at various schools and youth programs for up to 400 children per day. Last year we distributed 54,579 snacks at 13 sites. Many of the sites are also partners in our Summer Lunch program.

The **Backpacks for Kids program** provides a backpack filled with kid-friendly food every Friday during the school year for children who are considered at risk for hunger over the weekend. Last year, the program served 467 children at 26 schools.



The **Nonprofit Food Network** allows local nonprofit organizations providing residential, rehabilitation or after-school programs to access foods in our warehouse at a low, per pound cost. Programs must specifically serve low-income children and adults.

2014-2015 Dollar Value of In-Kind Donations



Free Produce Market programs include our **free farmers' market-style** produce distributions at 4 locations monthly, May through October, which served 3,360 households in the 2015 season, and the **Mobile Produce Pantry** which served 5,559 households last year in remote communities that lack access to fresh produce.



Top: Orick residents Jamie & Jonathan Faber show how excited they are by the beautiful squash available during Food for People's Mobile Produce Pantry distribution in Orick, CA. Bottom: Local residents line up on a sunny day for a Free Produce Market at Food for People in Eureka.

The **Emergency Food and Disaster Program** links Food for People with our local chapter of VOAD, Volunteer Organizations Active in Disaster. Should a disaster strike Humboldt County, Food for People would work with other local groups to make food available to any community experiencing hardship.



Community Education and Outreach Programs

include Hunger 101, a hands-on curriculum designed for children and adults of all ages which provides insight into the tough decisions low-income households face daily when trying to obtain adequate nutrition. We offer cooking and nutrition classes regularly at the Eureka Co-op demonstration kitchen and other community locations.

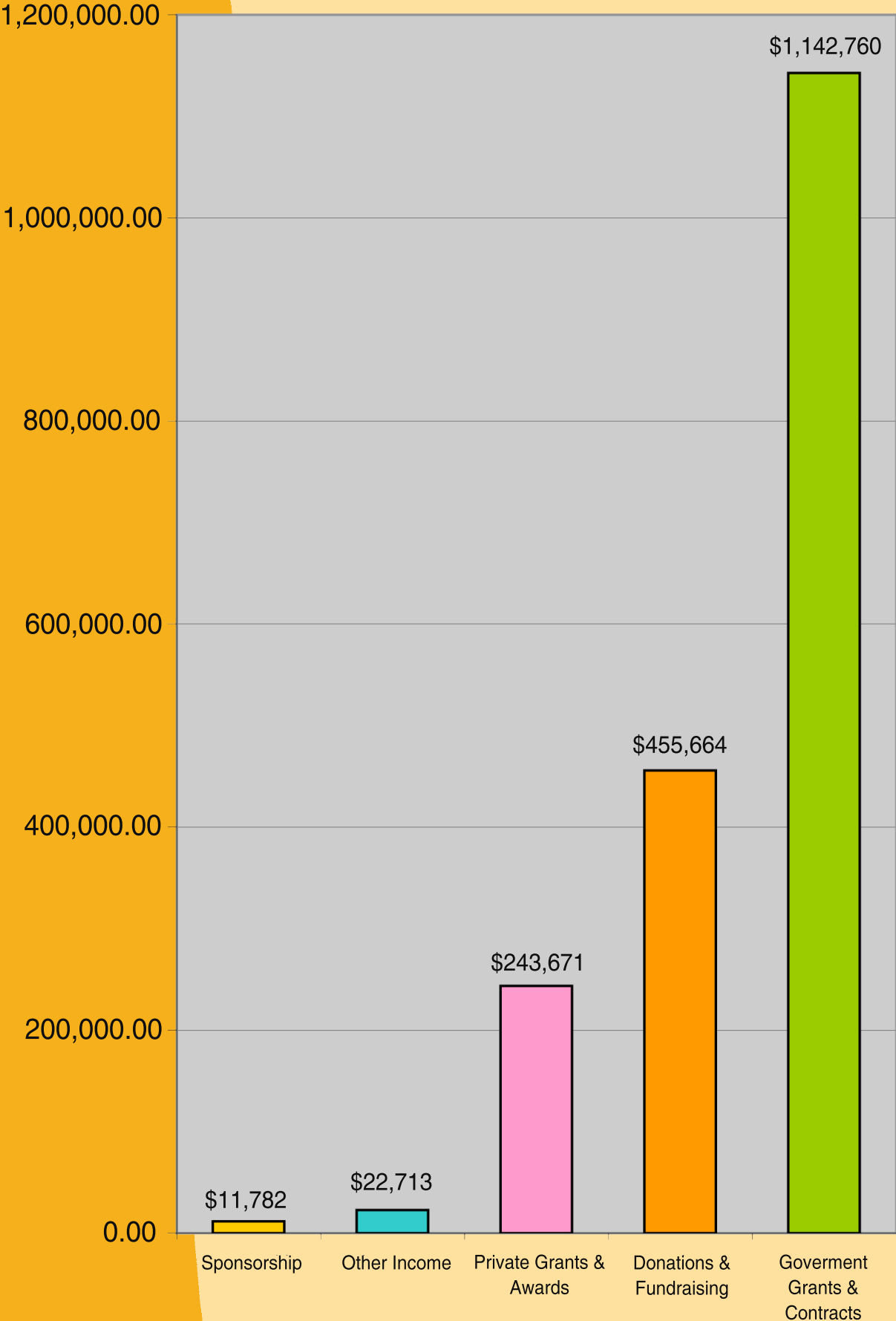
Our **CalFresh Outreach Program** advocates for the elimination of bureaucratic barriers to CalFresh (formerly food stamps) for working families and seniors and helps to enroll them in CalFresh.

Local Food Resources Programs include the **Gleaning Program**, which accessed 84,342 lbs of donated fresh local produce and meat from commercial farms, orchards, backyard gardens and ranches this year; the “**Plant a Row for the Hungry**” campaign, which encourages backyard gardeners to plant an extra row of food to donate to a local food pantry; and community **Food Drives** through which our community donated 148,349 lbs this year.



Top: Volunteers help a local letter carrier unload nonperishable food donations during the 24th annual Letter Carriers' "Stamp Out Hunger" Food Drive at Food for People in Eureka, CA. Bottom: Volunteers Kyle and Cody harvest root vegetables at Valley Floral Vegetable for Food for People's Gleaning Program.

2014-2015 Funding Sources



Food for People Map of County Services

Currently, we operate a total of 14 community food programs, each of which is designated to address the needs of those who are experiencing hunger and food insecurity.



-  Pantries in our Pantry Network
-  Towns with Backpacks for Kids, Summer Lunch, and/or After School Snack Programs
-  Towns with Senior Brown Bag, Homebound Delivery and/or CSFP Programs
-  Towns with Free Farmers' Market-Style Produce Distributions
-  Towns Visited by Mobile Produce Pantry



Food for People's Mobile Produce Pantry Coordinator Ben Allen, shows off the fresh fruits and vegetables available at a Mobile Produce Pantry distribution in Trinidad, CA.



Happy children enjoy a healthy sack lunch provided by Food for People's Summer Lunch Program.

Our Values

Integrity — We will demonstrate the highest ethical standards in all interactions.

Stewardship — We will be accountable to all through the efficient and environmentally responsible use of resources.

Teamwork — We will foster cooperation and a sense of empowerment amongst our diverse staff, volunteers, and community partners.

Respect — We will treat all of our relationships with respect.

Innovation — We will continually seek to provide excellent service through the development of new and improved methods to reduce hunger.

Empathy, Passion, Empowerment — We encourage and support the best in ourselves and those we serve and provide opportunities for everyone to participate in fulfilling our mission.

We believe hunger can be eliminated.



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