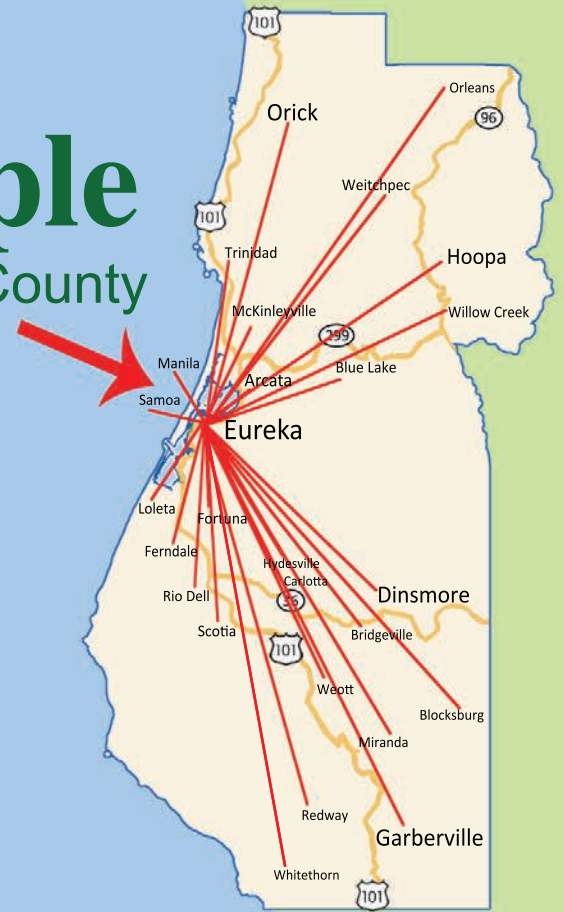




Food for People

The Food Bank for Humboldt County



Food for People, Inc.
The Food Bank for Humboldt County

2017-2018 Annual Report

Food for People

The Food Bank for Humboldt County



OUR MISSION

Food for People is a non-profit organization working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education and advocacy.

BOARD OF DIRECTORS Fiscal Year 2017-2018

Carol Vander Meer, President
Martha Spencer, Vice President
Dallas Rhodes, Secretary
Jerome Simone, Treasurer
Bill Daniel
Nick Vogel
Lew Litzky
Edie Jessup
Dean Hart
Neal Latt
Dorina Espinoza
Amber Madrone
Erika Wright

307 West 14th Street, Eureka, CA 95501
(707) 445-3166 | www.foodforpeople.org

*Food for People, Inc. is a 501(c)(3) nonprofit
as referenced by EIN 94-2772549.*

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OUR VISION

We envision a community where everyone has access to good quality, nutritious food, understands the consequences of hunger and poor nutrition and is committed to creating a stronger, healthier Humboldt County.

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Photos provided by Food for People Staff and Volunteers.

Executive Director's Message

Food for People is proud to share the highlights of our program accomplishments for fiscal year 2017- 2018, which encompasses the period from October 1, 2017 through September 30, 2018. It represents our 39th year of service to our community, providing food assistance for an average of 12,000 individuals of all ages countywide each month. Although operations are based at our main facility in Eureka, we connect with people at locations throughout Humboldt County with food distribution sites that extend from Garberville in the south to Orick in the north and from Eureka on the coast to communities in the eastern corner of Humboldt County, including Hoopa, Weitchpec, Bridgeville and Dinsmore.



The majority of our 18 programs have been in operation for between 12 and 37 years and they include onsite, remote site and home delivery options for seniors and people with disabilities, and food assistance programs that address the unique needs of children and families. They also include a network of 17 food pantries, a Mobile Produce Pantry, seasonal free produce distributions, a variety of nutrition education activities, CalFresh outreach and application assistance, student internships, and job training programs for individuals enrolled in the WEX and CalWORKS programs. Advocacy plays a major role in all aspects of our work to address the root causes of hunger and poverty, and is accomplished through community education and outreach, and ongoing dialogue with community leaders and policymakers.

Strong partnerships and creative collaborations provide a strong foundation for all that we do, which is why we couldn't be more grateful for the hundreds of community partners who help make our important work possible. They include Family and Community Resource Centers, faith-based groups, nonprofit organizations, businesses, government entities, civic groups, schools, families, and interested individuals who work together and share limited resources to make our community a better place to live. We would also like to thank our hardworking staff and volunteers who work shoulder to shoulder each and every day, providing excellent customer service for people who are experiencing poverty and food insecurity, and doing so in an atmosphere of dignity and respect. They inspire and energize us on a daily basis.

As Food for People prepares to move into its 40th year of service to our community, it is important to acknowledge the important role that our food and financial donors and our amazing volunteers play in our ability to provide quality services for individuals and households that are struggling financially. Their donations of time, money, food and resources make it possible for us to help when needed most and represent a significant investment in the long term health of our community. We appreciate their continued support and their faith in our ability to operate our programs as efficiently and cost-effectively as possible.

In closing, I would like to extend our warmest thanks to all who are partnering with us on so many levels to create a stronger, healthier and more resilient Humboldt County for all. We couldn't be more grateful for your support!

With gratitude,


Anne Holcomb
Executive Director

IMAGINE
A WORLD WITHOUT HUNGER... WE DO



Food for People, Inc.
Statement of Financial Position - As of September 30, 2018

	Sep 30, '18
ASSETS	
Current Assets	
Cash and Cash Equivalents	841,139.00
Accounts Receivable	497,635.00
Food Inventory	103,351.00
Prepaid Expenses	15,916.00
Total Current Assets	1,458,041.00
Fixed Assets	
Property, Equipment, and Improvements	335,463.00
Total Fixed Assets	335,463.00
TOTAL ASSETS	1,793,504.00
LIABILITIES AND NET ASSETS	
Liabilities	
Accounts Payable	24,542.00
Accrued Expenses	59,705.00
Total Liabilities	84,247.00
Net Assets	
Unrestricted Net Assets	1,055,389.00
Temporarily Restricted	653,868.00
Total Net Assets	1,709,257.00
TOTAL LIABILITIES AND NET ASSETS	1,793,504.00



Volunteers help distribute apples during a seasonal Free Produce Market at Food for People in Eureka, CA. More on this program on page 10.

History of Food for People, Inc.

Food for People first opened its doors in 1979 as a small food closet, designed to fill a void in the County's social service programs. Our programs and services have grown and matured over the past 39 years, thanks to the generous support of the local community and the various grant making foundations that have provided funding for new and existing projects.

Federal and state contracts specific to the distribution of USDA and other purchased or donated foods, combined with grants and generous local donations, make it possible for us to provide food for more than **12,000 low income children, seniors, people with disabilities and other individuals each month.**



Food for People's main site, located at 307 W. 14th Street in Eureka, CA.

According to data provided through the California Health Interview Survey, Humboldt County has one of the highest rates of hunger and food insecurity statewide.

Food for People is a member of the California Association of Food Banks and is designated as a partner distribution organization by Feeding America, a nationwide network of food banks. We are also members of the Northern California Association of Nonprofits, which helps to build and strengthen our focus on local partnerships and collaborations.

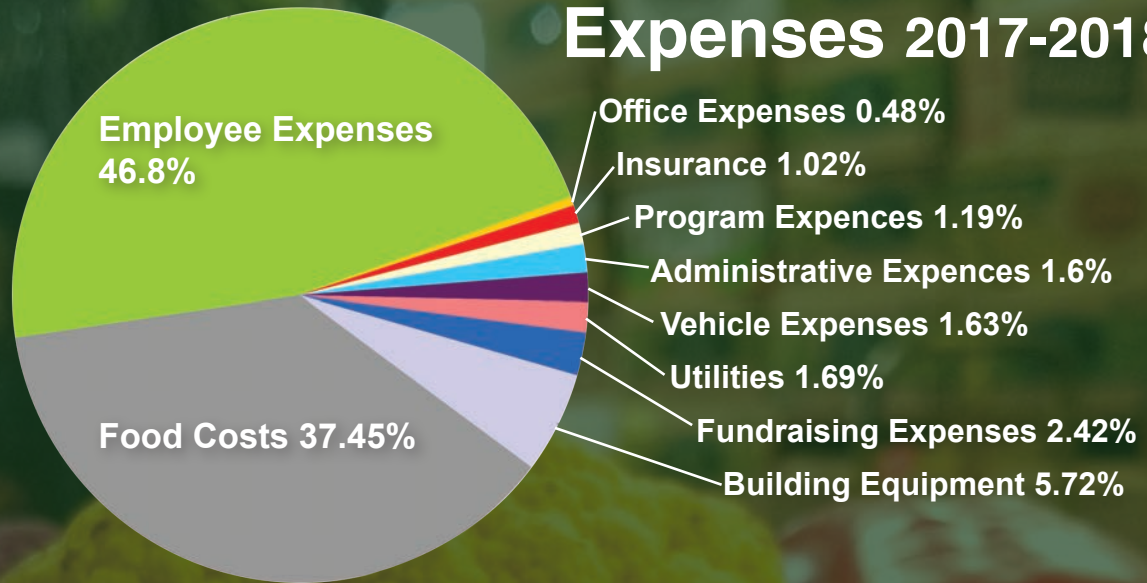


Volunteers help sort and pack thousands of pounds of nonperishable food donations. More on Food Drives on page 11.

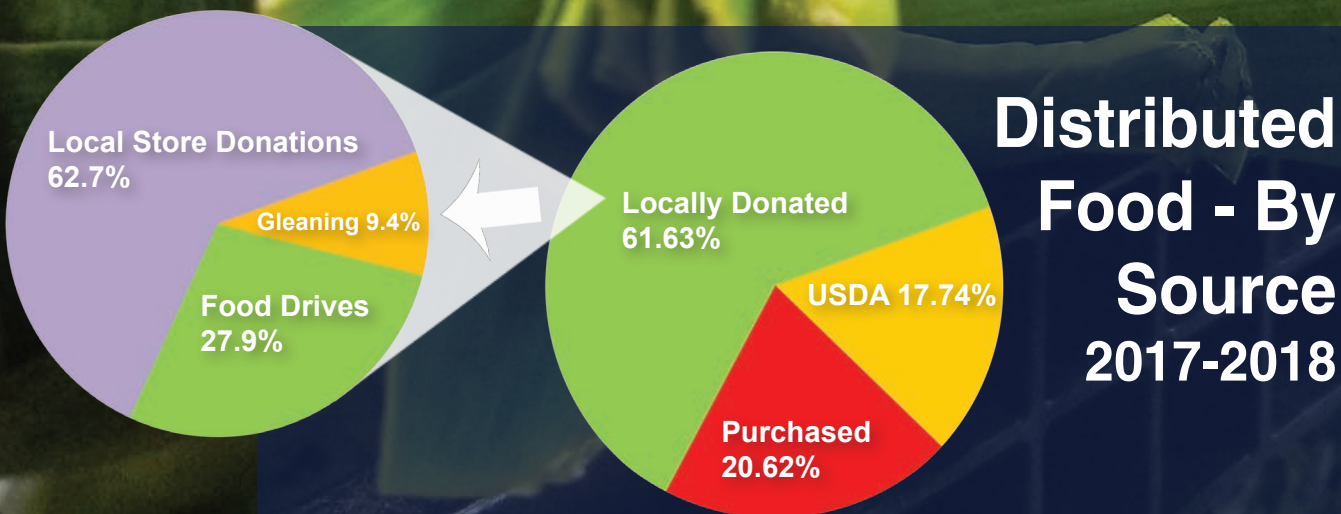
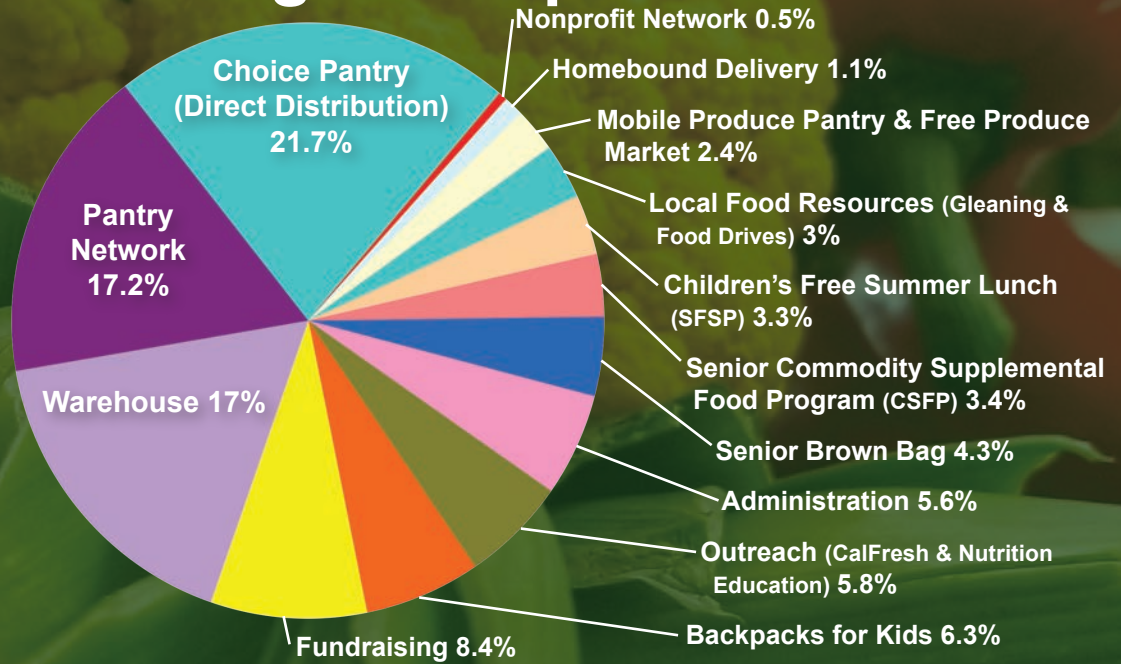
The programs offered by Food for People are intended to serve as a safety net for those whose circumstances have left them at risk for hunger and food insecurity. Our goal is to provide individuals and households with the emergency and supplemental food they need, while working to address the root causes of hunger in our county.

Food for People, Inc. is designated as the Food Bank for Humboldt County.

Expenses 2017-2018



Program Expenses 2017-2018



Distributed Food - By Source 2017-2018

Meeting the Need in Humboldt County

Food for People currently operates a total of 18 programs, each of which is designed to address the needs of those who are experiencing hunger and food insecurity.

Last year, our food bank distributed nearly 2 million pounds of food.

An average of 406 volunteers per month donated 21,770 hours of their time last year—equivalent to 14 full-time staff positions.



COUNTYWIDE FOOD ASSISTANCE

Our **Countywide Food Pantry Network** provides food for 17 pantries and two congregate meal programs (soup kitchens) located throughout Humboldt County. 32,645 households were served through all pantries last year. Food for People monitors each site, and provides technical assistance, as needed.



In addition we also coordinate the direct distribution of food through our onsite **Choice Pantry** to an average of 1,227 households each month. The Choice Pantry style of food distribution invites people to select foods they want and need, so none goes to waste. Last year we provided a total of 14,729 shopping trips in the Choice Pantry and an additional 2,931 Emergency Food Boxes.

SENIOR NUTRITION

Senior & Homebound Program team members Mike and Carrie prepare for a Senior Distribution in McKinleyville.



The **Senior Brown Bag Program** provides a bag of groceries for an average of 319 low-income senior households county-wide each month. Volunteer drivers deliver bags to those who are unable to pick up their own food.

The **Senior Commodity Supplemental Food Program** for seniors provides a 30-40 pound box of nutritious food monthly for an average 339 program participants at six locations.

Our **Homebound Delivery Program** provided 653 bags of groceries to adults who are too ill or disabled to leave their homes. Some recipients are recovering from surgery, while others may be coping with a terminal illness. Referrals are accepted from hospital discharge planners, social workers, home health workers, etc.



Volunteer Homebound Delivery Driver Mike helps Mary put away food during a visit.

CHILD NUTRITION



A local child enjoys a healthy lunch provided by Food for People's Childrens Free Summer Lunch Program in Fortuna, CA.

The **Children's Free Summer Lunch Program**, also known as the Summer Food Service Program, distributed 11,683 lunches at 20 community sites in summer of 2018. Free lunches are provided to low-income children whose families cannot afford the additional cost of the extra meals once school is out.

The **Backpacks for Kids program** provides a backpack filled with kid-friendly food every Friday during the school year for children who are considered at risk for hunger over the weekend. Last year, the program served 469 children at 35 schools.



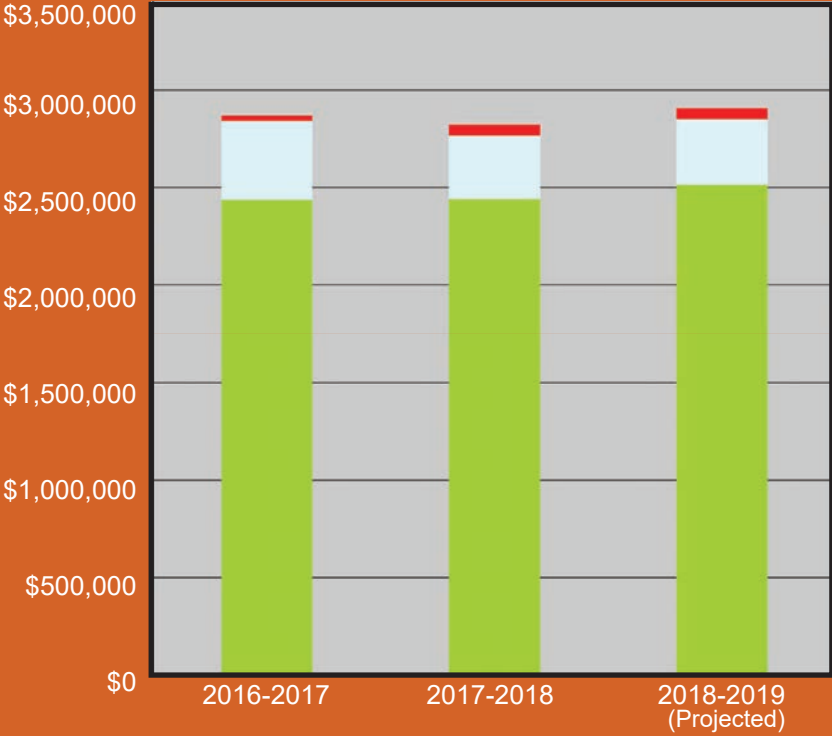
Local kids enjoy apples at Food for People in Eureka, CA.



Volunteer Bess spent her Spring Break visiting friends and stocking shelves at Food for People in Eureka!

Dollar Value of In-Kind Donations 2017-2018

- Equipment / Program / Other
- Volunteers
- Food



FRESH & HEALTHY FOODS



Colin and Kianna pick out fresh vegetables at a Mobile Produce Pantry distribution in Blue Lake, CA.

The **Free Produce Markets** distributed 123,790 lbs of fresh fruits and vegetables at 4 locations monthly, May through October, which served 2,977 households in the 2018 season. The **Mobile Produce Pantry** served 6,237 households last year in remote communities of Humboldt County that lack access to fresh produce.

Food for People's **Local Food Resources** efforts include: The **Gleaning Program**, which accesses donated fresh local produce and meat from commercial farms, orchards, and ranches and encouraged backyard gardeners to "**Plant a Row for the Hungry**" - last year gleaning brought in 55,770 lbs of healthy local foods for those in need. And **Food Drives** through which community members donated 215,188 lbs of nonperishable food last year.



Allison Kenney, Food for People's Local Food Resources Coordinator, harvests Cauliflower from Deep Seeded Farm for Food for People's Gleaning Program.

PARTNERSHIPS

Food for People provides food to nearly 100 partner agencies across Humboldt County.



Volunteer Anne Harris leads a Food for People cooking class in the kitchen of our long-time partner the Westside Community Improvement Association, also known as the Jefferson Center.

The **Nonprofit Food Network** allows local nonprofit organizations serving low-income individuals to access foods in our warehouse at a low, per pound cost.

Through the **Local Store Food Recovery Program**, our staff drives to local grocery, pharmacy, and health food stores to pick up excess food to help those experiencing hunger. Last year 336,209 lbs of food was diverted from landfills.

The **Emergency Food & Disaster Program** links Food for People with our local chapter of COAD, Community Organizations Active in Disaster. Should a disaster strike Humboldt County, Food for People will work with other local groups to make food available to those experiencing hardship.



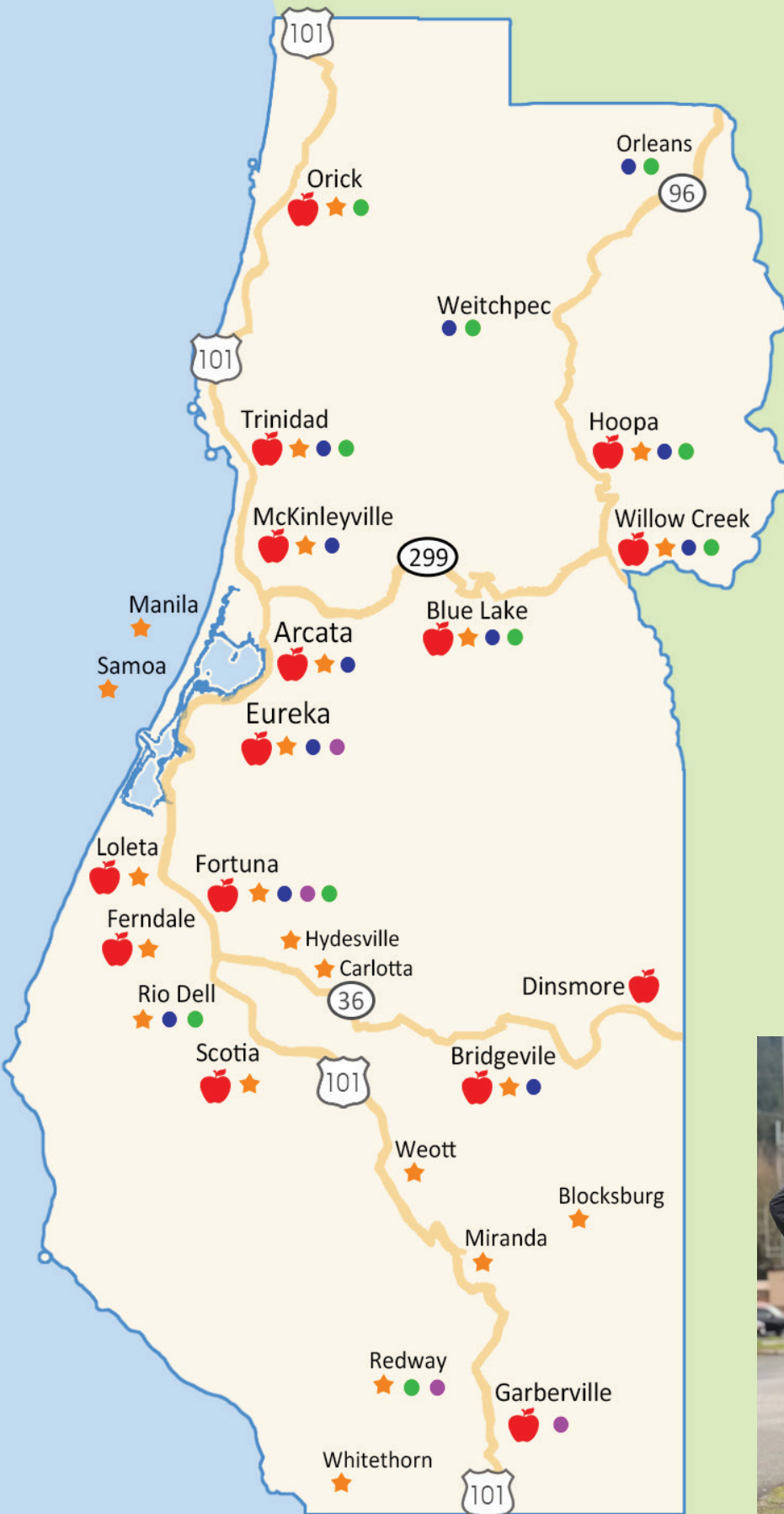
Warehouse & Logistics team member Jose unloads donations from the North Coast Co-op.



Food for People

The Food Bank for Humboldt County

Map of County Services



-  **Network of Food Pantries**
-  **Sites with Child Nutrition Programs: Children's Summer Lunch - Backpacks for Kids**
-  **Sites with Senior & Homebound Programs**
-  **Sites with Free Produce Market Distributions**
-  **Sites with Mobile Produce Pantry Distributions**

www.foodforpeople.org



Food for People's Nutrition Coordinator Matt and Bilingual CalFresh Outreach assistance Juan show off some fall produce at a Mobile Produce Pantry distribution in Orick, CA.

OUTREACH

Food for People operates outreach programs that include:

Nutrition Education efforts that provide demos, taste tests, recipes, and cooking classes for children and adults to teach them how to cook healthy meals on a budget.

CalFresh Outreach that offers bilingual assistance for working families and seniors countywide to help enroll them in CalFresh (formerly food stamps).

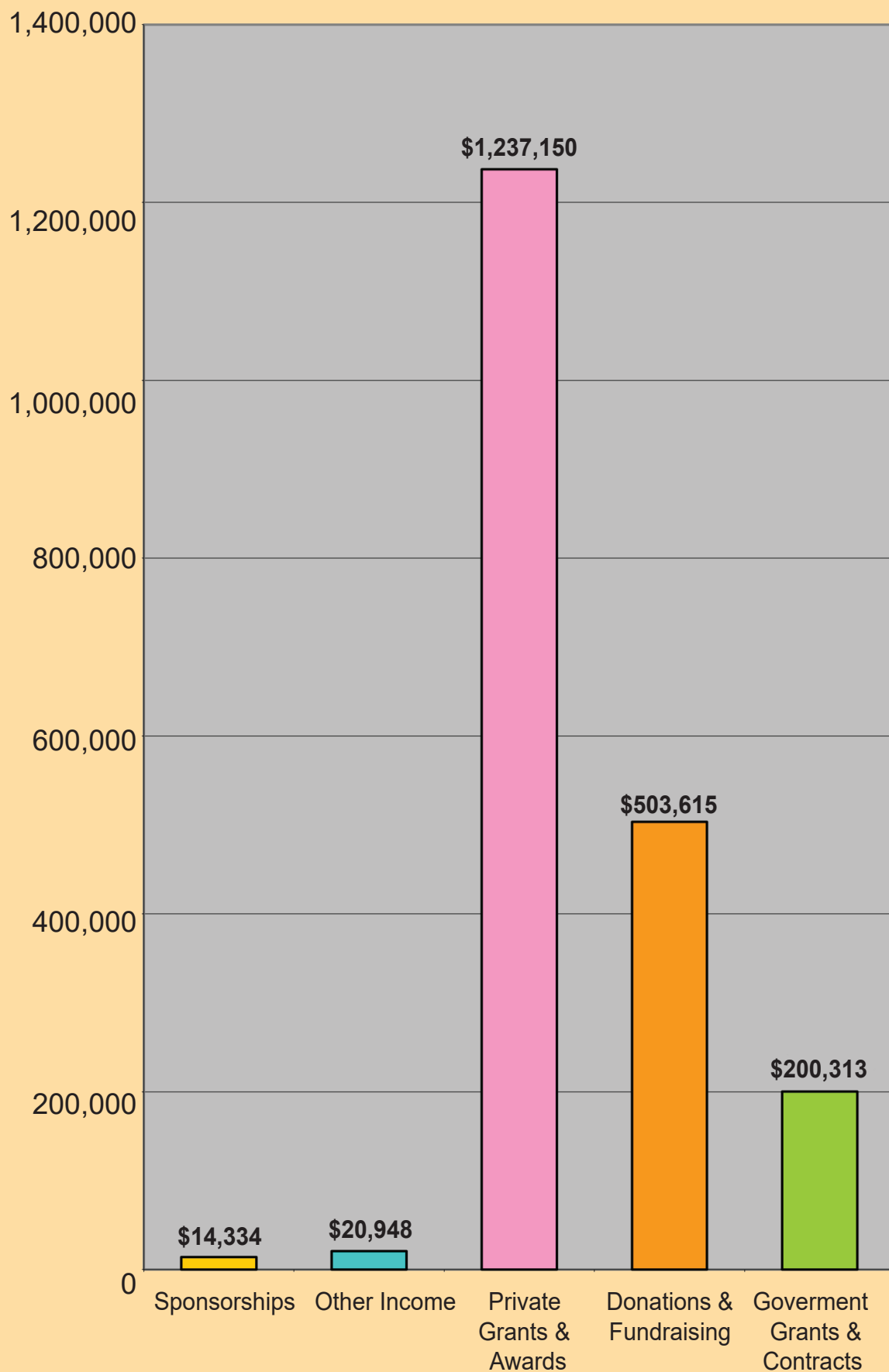
Advocacy - Food for People works hard to advocate for policies and strategies that reduce poverty and hunger and support access to nutritious foods and good health.

The **Work Readiness Program** provides training for those struggling with poverty or unemployment to gain work experience so that everyone in our community can build a better life.



Nutrition Education Coordinator Kayla hands out taste tests at a Free Produce Market distribution.

Funding Sources 2017-2018





Its peppers, tomatos, and smiles at a seasonal Free Produce Market in Eureka, CA.

Our Values

Integrity — We will demonstrate the highest ethical standards in all interactions.

Stewardship — We will be accountable to all through the efficient and environmentally responsible use of resources.

Teamwork — We will foster cooperation and a sense of empowerment amongst our diverse staff, volunteers, and community partners.

Respect — We will treat all of our relationships with respect.

Innovation — We will continually seek to provide excellent service through the development of new and improved methods to reduce hunger.

Empathy, Passion, Empowerment — We encourage and support the best in ourselves and those we serve and provide opportunities for everyone to participate in fulfilling our mission.

We believe hunger can be eliminated.



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