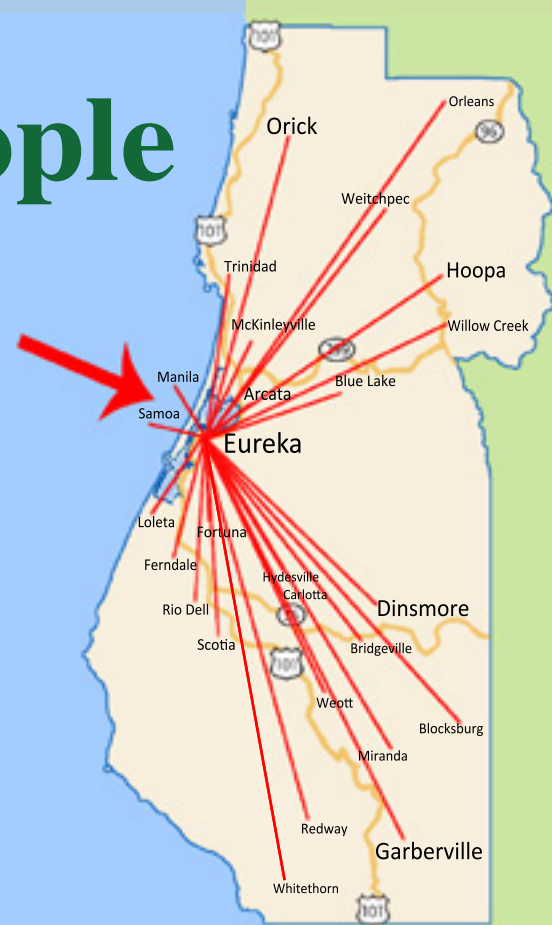




# Food for People

## The Food Bank for Humboldt County



Food for People, Inc.  
The Food Bank for Humboldt County

# 2018-2019 Annual Report



# Food for People

## The Food Bank for Humboldt County

### OUR MISSION

Food for People is a non-profit organization working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education, and advocacy.

### BOARD OF DIRECTORS

Fiscal Year 2018-2019

- Carol Vander Meer, President
- Martha Spencer, Vice President
- Nick Vogel, Secretary
- Lew Litzky, Treasurer
- Jerome Simone
- Bill Daniel
- Dean Hart
- Edie Jessup
- Neal Latt
- Dorina Espinoza
- Amber Madrone
- Marina Cortez-Hash
- Mark Murgia
- Bruce Wayne

Mailing Address:  
PO Box 4922, Eureka, CA 95502

Physical address:  
307 West 14th Street, Eureka, CA 95501  
(707) 445-3166 | [www.foodforpeople.org](http://www.foodforpeople.org)

*Food for People, Inc. is a 501(c)(3) nonprofit as referenced by EIN 94-2772549.*

### TABLE OF CONTENTS

- Executive Director’s Message ..... 3
- Financial Statement ..... 4
- History of Food for People ..... 5
- Expenses ..... 6
- Food Distributed – By Source..... 6
- Countywide Food Assistance .....7
- Senior Nutrition .....8
- Child Nutrition .....9
- In-Kind Donation Value .....10
- Fresh & Healthy Foods .....11
- Partnerships .....12
- Map of County Services .....13
- Outreach .....14
- Funding Sources .....15

### OUR VISION

We envision a community where everyone has access to good quality, nutritious food, understands the consequences of hunger and poor nutrition, and is committed to creating a stronger, healthier Humboldt County.

© 2020 Food for People, Inc.  
Photos provided by Food for People Staff and Volunteers.

# Executive Director's Message

Food for People is pleased to share the highlights of our accomplishments for fiscal year 2018- 2019, which encompasses the period from October 1, 2018, through September 30, 2019. It represents our 40th year of service to our community, providing food assistance for an average of 12,000 individuals of all ages countywide each month. Although our main facility in Eureka serves as the hub for our operations, we connect with people at locations throughout Humboldt County with food distribution sites that extend from Garberville in the south to Orick in the north, and from Eureka on the coast to communities in the eastern corner of Humboldt County, including Hoopa, Weitchpec, and Dinsmore.

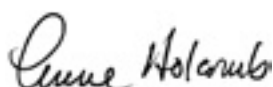
Our 18 programs include food assistance programs that address the unique needs of children and families through onsite, remote site, and home delivery options for seniors and people with disabilities. Each program has a proven track record and the majority have been in operation for 13 to 38 years. They include a network of 17 food pantries, a Mobile Produce Pantry, seasonal free produce distributions, a variety of nutrition education activities, and CalFresh outreach and application assistance. We also offer opportunities for student internships, community service, and job training programs for individuals enrolled in the WEX and CalWORKS programs. And our commitment to our role as advocates to change the landscape of hunger and poverty by addressing its root causes at the local, state, and federal levels has never been stronger. We work to inform community leaders and policymakers by sharing the personal stories and circumstances of the people we serve and create opportunities for ongoing dialogue.

Food for People's belief in creative partnerships and collaborations and the role they play in creating resilient communities is always at the forefront, and we are tremendously grateful for the hundreds of community partners countywide who help make our important work possible. They include Family and Community Resource Centers, faith-based groups, nonprofit organizations, businesses, government entities, civic groups, schools, families, and interested individuals who work together and share limited resources to make our community a better place to live. And kudos to our dedicated, hardworking staff and volunteers who work side by side each and every day to serve people who are experiencing poverty and food insecurity, and doing so in an atmosphere of dignity and respect. Their efforts inspire and inform our work daily.

And last but certainly not least, we want to acknowledge the critical role that our financial supporters, food donors, and amazing volunteers play in our ability to provide quality services for individuals and households that are struggling financially. Their donations of time, money, food, and resources make it possible for us to help when needed most. We appreciate their continued support and their faith in our ability to operate our programs as efficiently and cost-effectively as possible.

In closing, I would like to extend our warmest thanks to all who are partnering with us on so many levels to create a stronger, healthier, and more resilient Humboldt County for all. We couldn't be more grateful for your support!

With gratitude,



**Anne Holcomb**, Executive Director

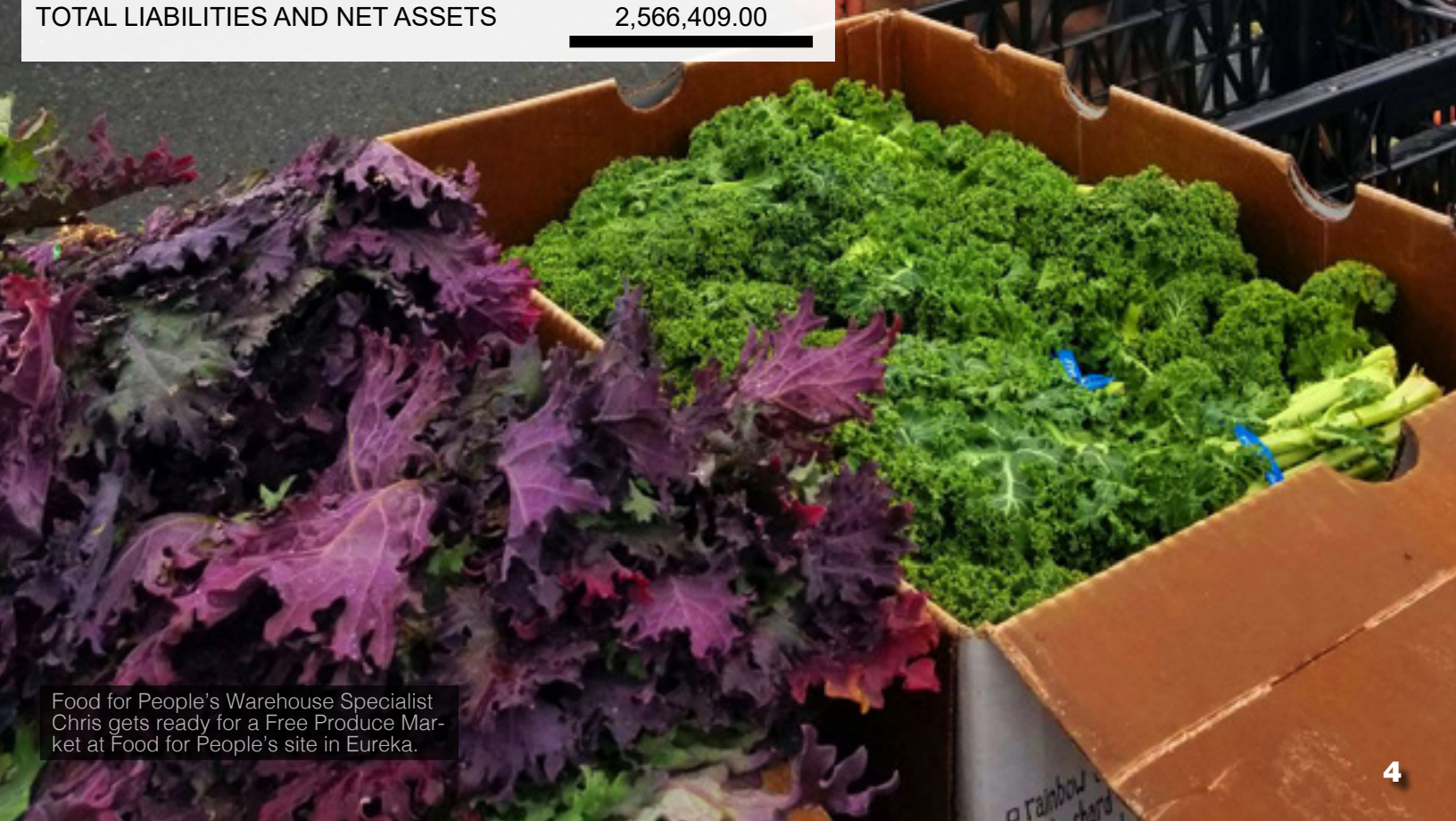


# Food for People, Inc.

## Statement of Financial Position - As of September 30, 2019

Sep 30, '19

ASSETS	
Current Assets	
Cash and Cash Equivalents	471,378.00
Accounts Receivable	457,079.00
Campaign Pledges Receivable, current	60,000.00
Food Inventory	157,066.00
Prepaid Expenses	23,902.00
Total Current Assets	1,169,425.00
Non Current Assets	
Capital Pledges Receivable, non current	96,599.00
Restricted cash for Capital Campaign	826,135.00
Property, Equipment, and Improvements	474,250.00
Total Non Current Assets	1,396,984.00
<b>TOTAL ASSETS</b>	<b>2,566,409.00</b>
LIABILITIES AND NET ASSETS	
Liabilities	
Accounts Payable	18,659.00
Accrued Expenses	45,255.00
Total Liabilities	63,914.00
Net Assets	
Unrestricted Net Assets	1,264,426.00
Temporarily Restricted	1,238,069.00
Total Net Assets	2,502,495.00
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>2,566,409.00</b>



Food for People's Warehouse Specialist Chris gets ready for a Free Produce Market at Food for People's site in Eureka.

# History of Food for People, Inc.

Food for People first opened its doors in 1979 as a small food closet, designed to fill a void in the County's social service programs. Our programs and services have grown and matured over the past 40 years, thanks to the generous support of the local community and the various grant-making foundations that have provided funding for new and existing projects.



Food for People's Mobile Produce Pantry Coordinator loads up for a day of handing out fresh fruits and vegetables in rural Humboldt County.

Federal and state contracts specific to the distribution of USDA and other purchased or donated foods, combined with grants and generous local donations, make it possible for us to provide food for more than **12,000 low-income children, seniors, people with disabilities, and other individuals each month.**

## According to data provided through the California Health Interview Survey, Humboldt County has one of the highest rates of hunger and food insecurity statewide.

Food for People is a member of the California Association of Food Banks and is designated as a partner distribution organization by Feeding America, a nationwide network of food banks. We are also members of the Northern California Association of Nonprofits, which helps to build and strengthen our focus on local partnerships and collaborations.

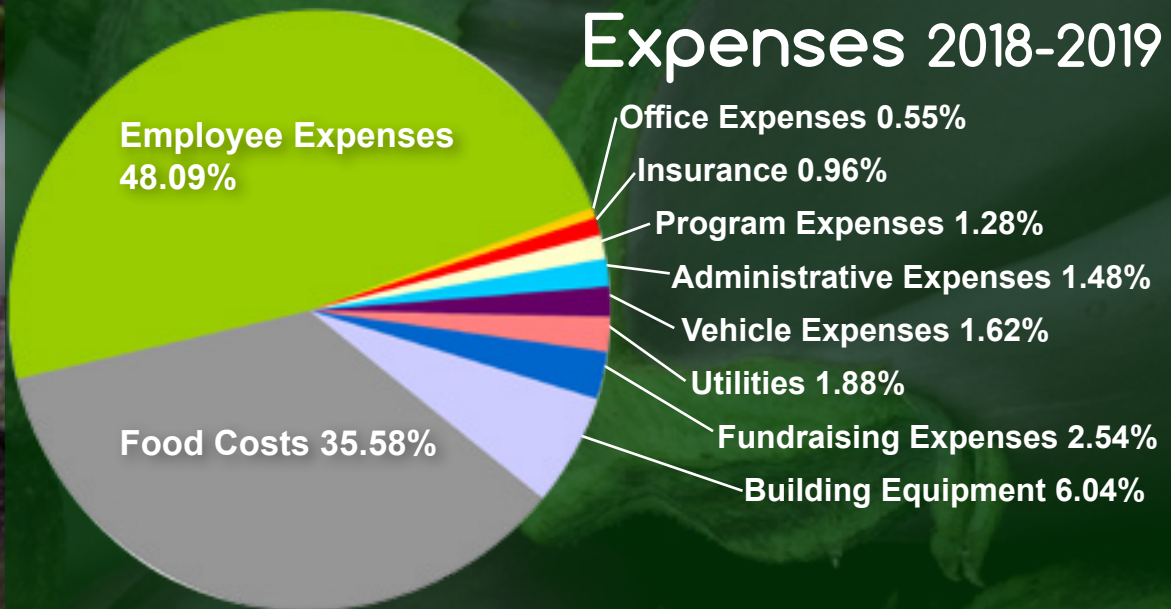


Members of Brothers United from Humboldt State University volunteer packing bags for Food for People's food distribution programs.

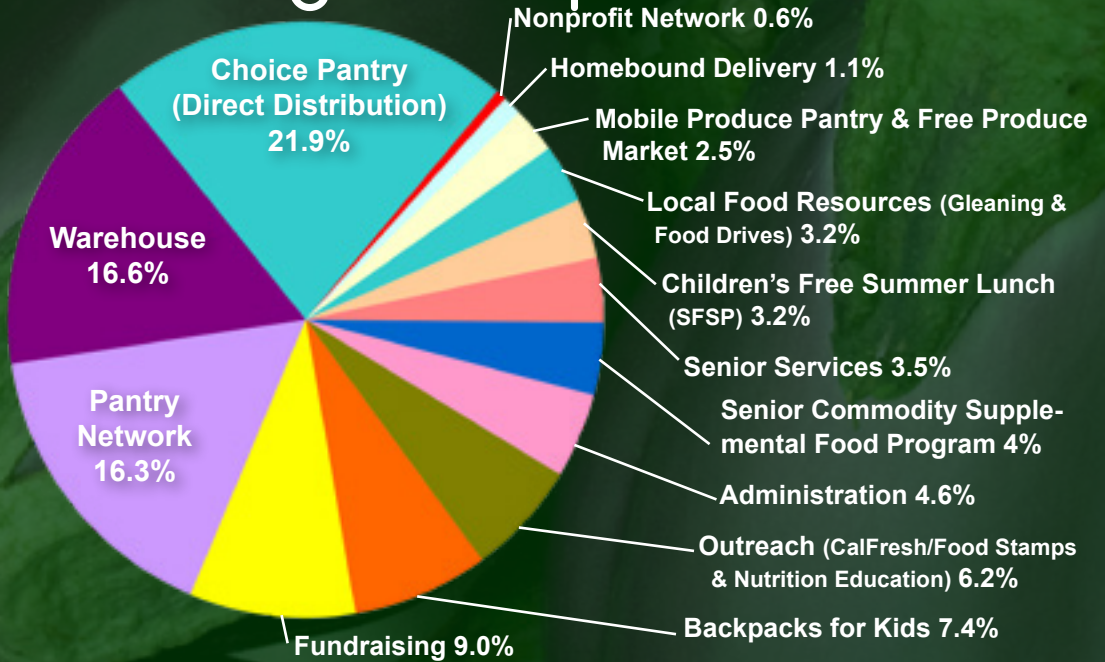
The programs offered by Food for People are intended to serve as a safety net for those whose circumstances have left them at risk for hunger and food insecurity. Our goal is to provide individuals and households with the emergency and supplemental food they need while working to address the root causes of hunger in our county.

**Food for People, Inc. is designated as the Food Bank for Humboldt County.**

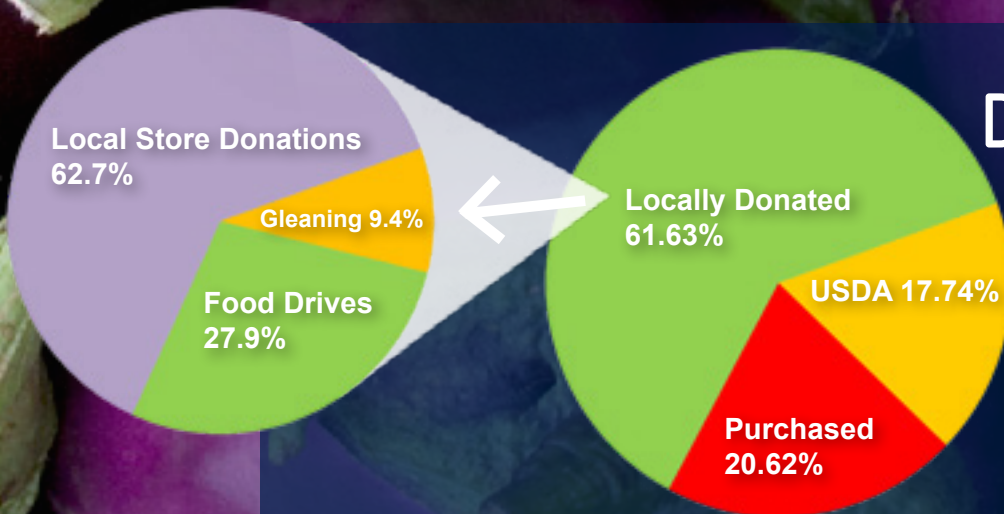
# Expenses 2018-2019



# Program Expenses 2018-2019



# Distributed Food - By Source 2018-2019

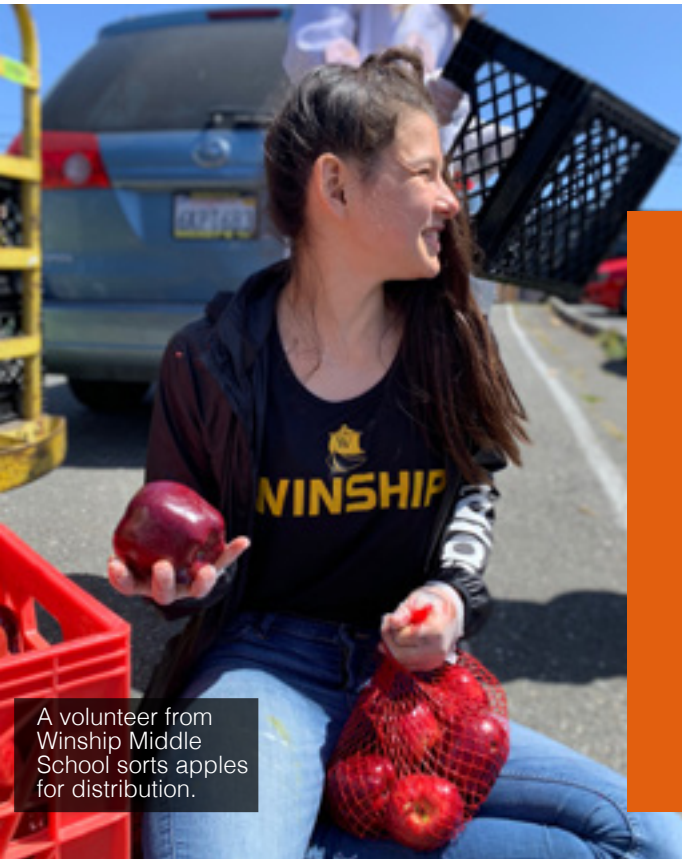


# Meeting the Need in Humboldt County

Food for People currently operates a total of 18 programs, each of which is designed to address the needs of those who are experiencing hunger and food insecurity.

**Last year, Food for People distributed nearly 2 million pounds of food.**

An average of 304 volunteers per month donated 21,186 hours of their time last year—equivalent to 14 full-time staff positions.



A volunteer from Winship Middle School sorts apples for distribution.

## COUNTYWIDE FOOD ASSISTANCE

Our **Countywide Food Pantry Network** provides food for 17 pantries and two congregate meal programs (soup kitchens) located throughout Humboldt County. 33,620 households were served through all pantries last year. Food for People monitors each site, and provides technical assistance, as needed.

In addition, we also coordinate the direct distribution of food through our onsite **Choice Pantry** to an average of 1,238 households each month. The Choice Pantry style of food distribution invites people to select the foods they want and need, so none goes to waste. Last year we provided a total of 14,859 shopping trips in the Choice Pantry and an additional 3,350 Emergency Food Boxes.



Food for People's reefer truck braves the snow for a Mobile Produce distribution in Hoopa, CA.

# SENIOR NUTRITION



Trinidad Food Pantry Coordinator George prepares food for the Senior Brown Bag Program in Northern Humboldt County.

The **Senior Brown Bag Program** provided 3,808 bags of groceries for an average of 317 low-income senior households county-wide each month. Volunteer drivers deliver bags to those who are unable to pick up their own food.

The **Senior Commodity Supplemental Food Program** for seniors provided 4,450 30-40 pound boxes of nutritious food monthly for an average of 371 program participants at six locations.

Our **Homebound Delivery Program** provided 473 bags of groceries to adults who are too ill or disabled to leave their homes. Some recipients are recovering from surgery, while others may be coping with a terminal illness. Referrals come from hospital discharge planners, social workers, home health workers, etc.



Volunteers Kurt and Carolyn prepare food bags for delivery with Food for People's Senior & Homebound Delivery Programs.



# CHILD NUTRITION

The **Children's Free Summer Lunch Program**, also known as the Summer Food Service Program, distributed 12,559 lunches at 18 community sites in the summer of 2019. Free lunches are provided to low-income children whose families cannot afford the additional cost of the extra meals once school is out.

The **Backpacks for Kids program** provided 16,647 bags filled with kid-friendly food to local school children. Food was delivered every Friday during the school year for children who are considered at risk for hunger over the weekend. Last year, the program served 601 children at 36 schools.



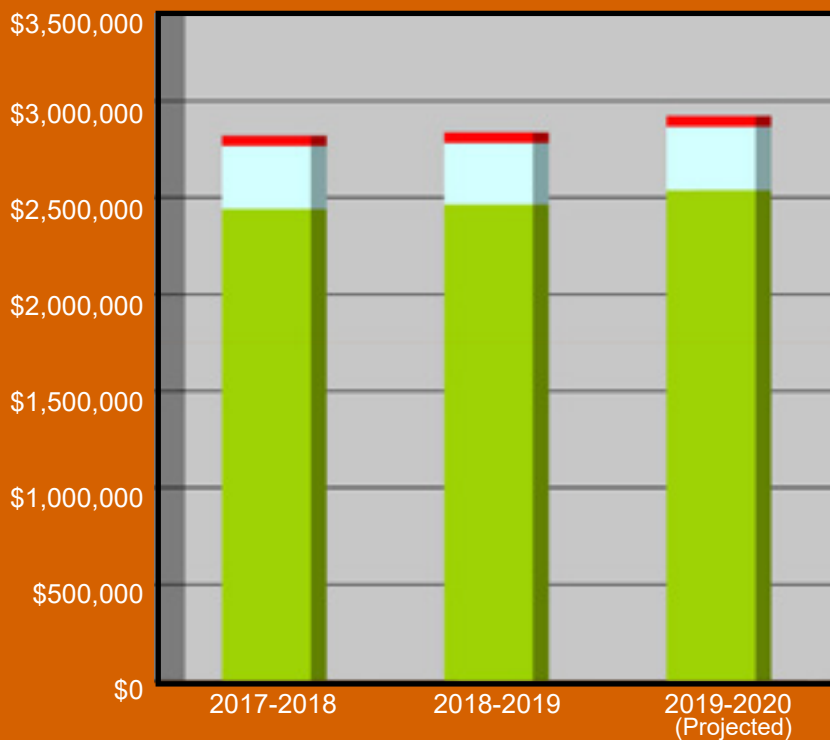
Local kids enjoy healthy meals provided by Food for People's Children's Summer Lunch Program.



Long time volunteer Bev in the Choice Pantry, Food for People's largest food pantry serving the Eureka area.

# Dollar Value of In-Kind Donations 2018-2019

- Equipment / Program / Other
- Volunteers
- Food



# FRESH & HEALTHY FOODS

The **Free Produce Markets** distributed 107,514 lbs of fresh fruits and vegetables at 4 locations monthly, May through October, which served 2,416 households in the 2019 season.

The **Mobile Produce Pantry** served 6,597 households providing 96,359 lbs of fresh fruits and vegetables last year in remote communities of Humboldt County that lack access to fresh produce.

Food for People's **Local Food Resources** efforts include:

A **Gleaning Program**, which accesses donated fresh local produce and meat from commercial farms, orchards, and ranches and encouraged backyard gardeners to “**Plant a Row for the Hungry**” - last year gleaning brought in 56,740 lbs of healthy local foods for those in need.

And **Food Drives** through which community members donated 263,132 lbs of nonperishable food last year.



Allison, Food for People's Local Food Resources Coordinator, drops off an overabundance of apples donated through Food for People's Gleaning Program.

# PARTNERSHIPS

Food for People provides food to nearly 100 partner agencies across Humboldt County.

The **Nonprofit Food Network** invites local nonprofit organizations serving low-income individuals to access foods in our warehouse at a low, per pound cost.

Through the **Local Store Food Recovery Program**, our staff drives to area grocery, pharmacy, and health food stores to pick up excess food to help those experiencing hunger. Last year more than 1/4 million lbs of food were diverted from landfills.

Operations Manager Jose unloads donations from the North Coast Co-op.



**Emergency Food & Disaster Program** - when disasters strike Humboldt County, Food for People works with our network of federal, state, and local food resources to make food available to those experiencing hardship. Food for People is a member of our local chapter of COAD, Community Organizations Active in Disaster.



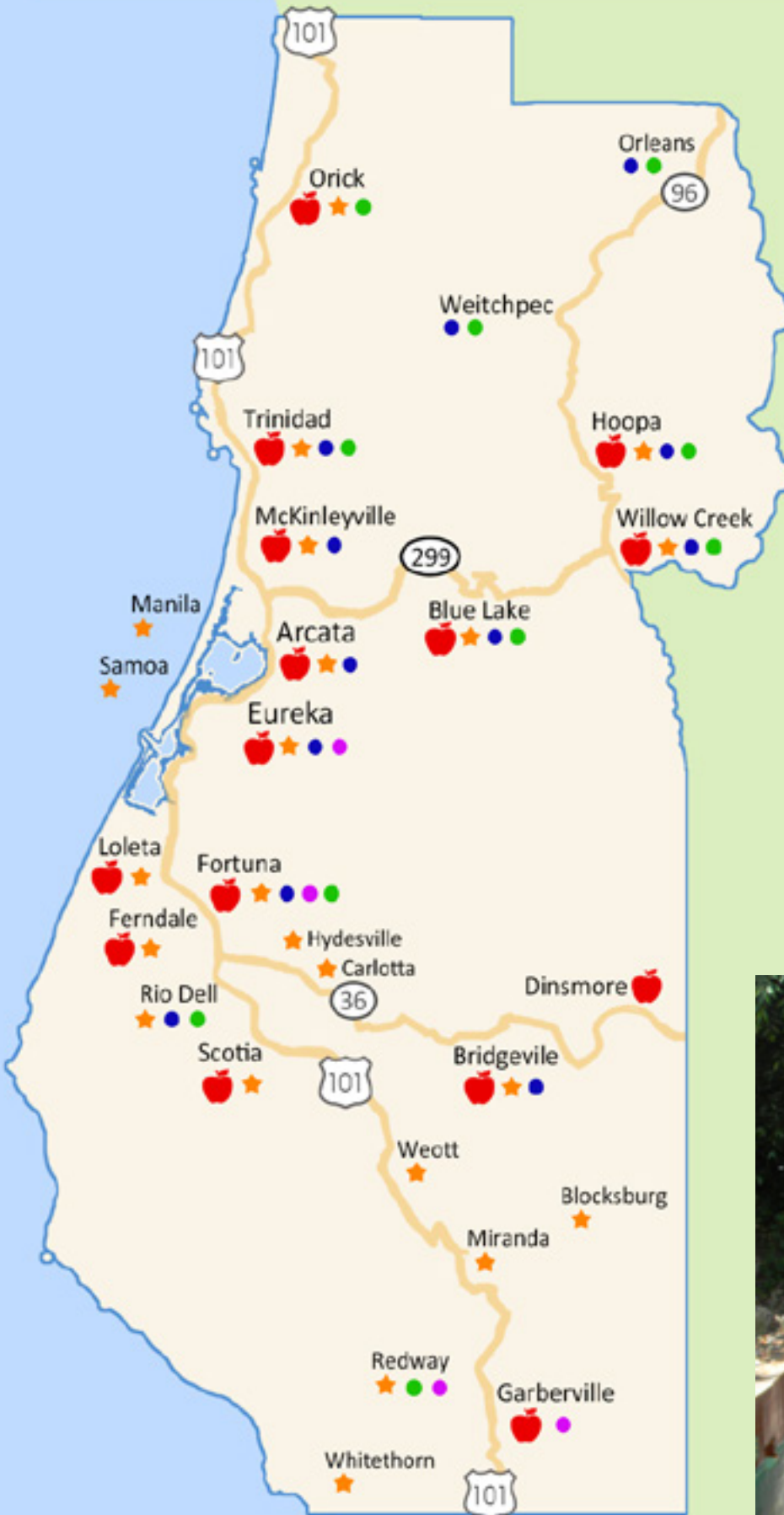
Food for People team member Billy loads a car with food during an emergency food distribution in Humboldt County CA.



# Food for People

The Food Bank for Humboldt County

## Map of County Services



-  Network of Food Pantries
-  Sites with Child Nutrition Programs: Children's Summer Lunch - Backpacks for Kids
-  Sites with Senior & Homebound Programs
-  Sites with Free Produce Market Distributions
-  Sites with Mobile Produce Pantry Distributions

[www.foodforpeople.org](http://www.foodforpeople.org)



Local resident Wayne picks up a box full of fresh produce during one of Food for People's Mobile Produce Pantry distributions in Weitchpec, CA.

# OUTREACH

Food for People operates varied outreach programs that include:

**Nutrition Education** efforts that provide demos, taste tests, recipes, and cooking classes for children and adults to teach them how to cook healthy meals on a budget.



Volunteer Chef Anne Harris leads a Food for People cooking class in the kitchen at Food for People's Eureka location.

**CalFresh Outreach** that offers assistance, including bilingual help, for working families and seniors countywide to help enroll them in CalFresh (formerly food stamps), and connect them with other services to help address the root causes of hunger and poverty.

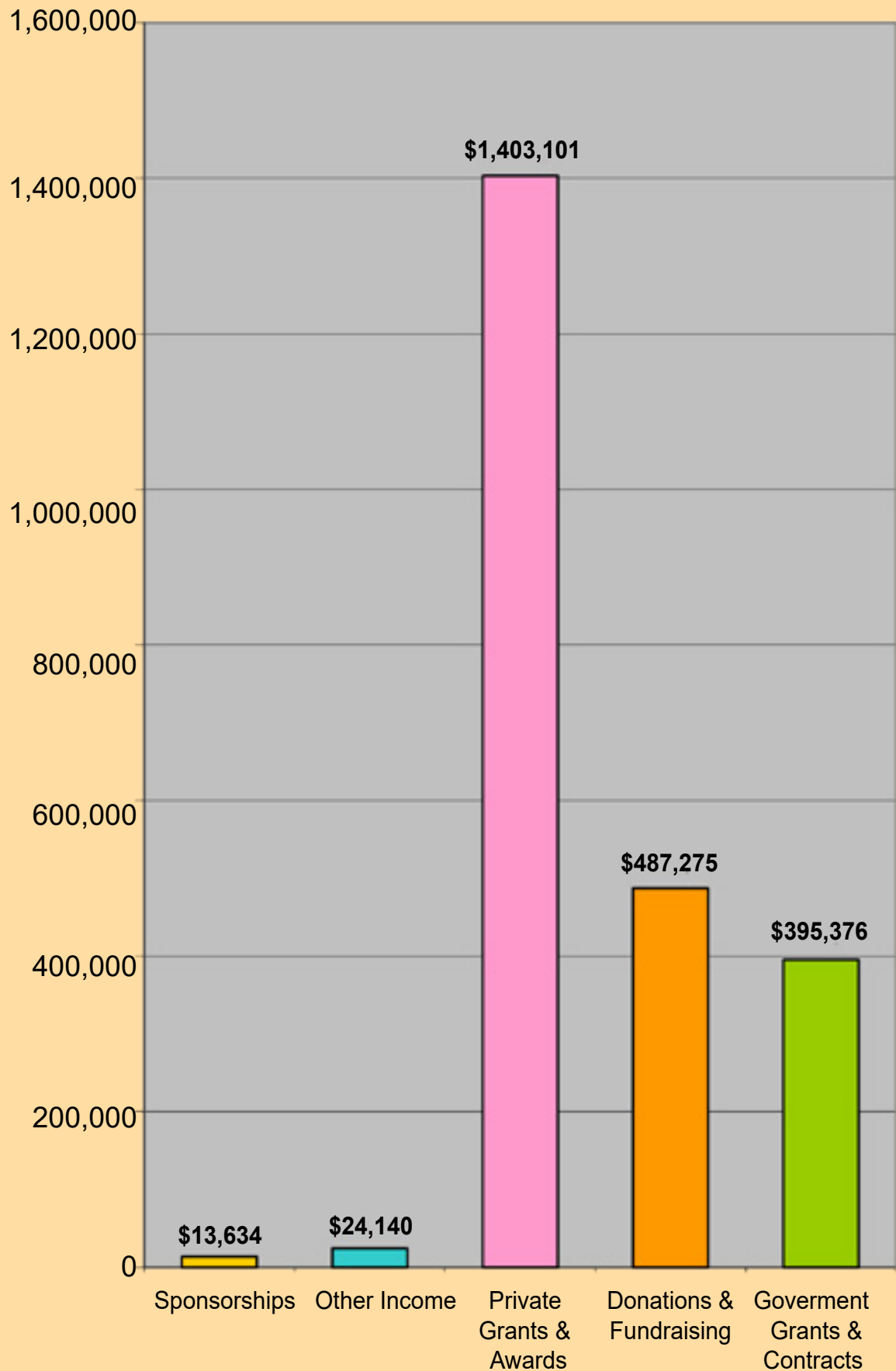


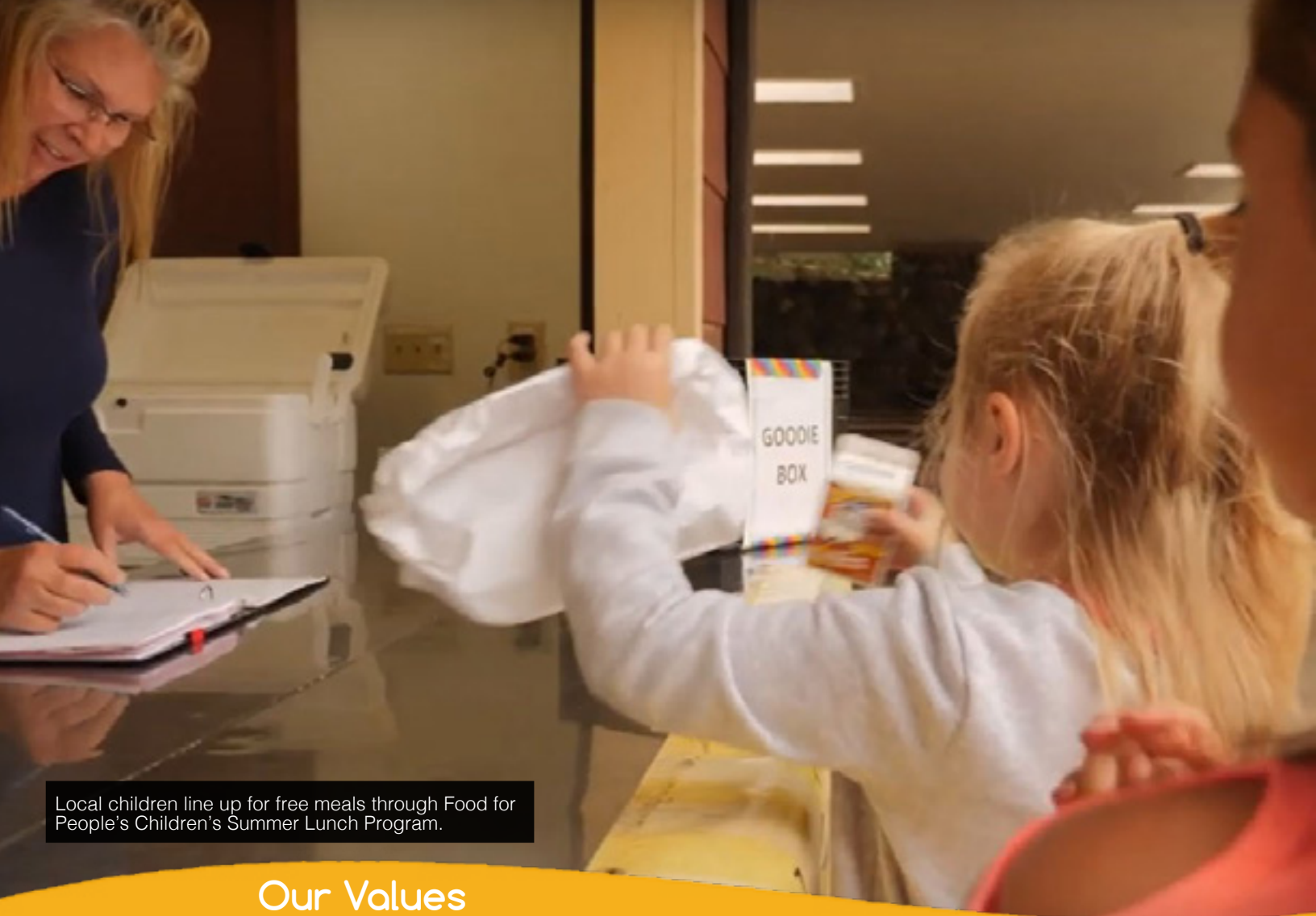
Bilingual CalFresh Outreach Specialist Juan gives a tour to students from English Express to share what Food for People services are available to them and their families.

**Advocacy** - Food for People works hard to advocate for policies and strategies that reduce poverty and hunger and support access to nutritious foods and good health.

The **Work Readiness Program** provides training for those struggling with poverty or unemployment to gain work experience so that everyone in our community can build a better life.

# Funding Sources 2018-2019





Local children line up for free meals through Food for People's Children's Summer Lunch Program.

## Our Values

**Integrity** — We will demonstrate the highest ethical standards in all interactions.

**Stewardship** — We will be accountable to all through the efficient and environmentally responsible use of resources.

**Teamwork** — We will foster cooperation and a sense of empowerment amongst our diverse staff, volunteers, and community partners.

**Respect** — We will treat all of our relationships with respect.

**Innovation** — We will continually seek to provide excellent service through the development of new and improved methods to reduce hunger.

**Empathy, Passion, Empowerment** — We encourage and support the best in ourselves and those we serve and provide opportunities for everyone to participate in fulfilling our mission.

We believe hunger can be eliminated.



# Food for People

The Food Bank for Humboldt County

Mailing: PO Box 4922, Eureka CA 95502 | [www.foodforpeople.org](http://www.foodforpeople.org)  
Physical: 307 W 14<sup>th</sup> Street, Eureka, CA 95502 | (707) 445-3166