



2021-2022 Annual Report

The Food Bank for
Humboldt County





Food for People

The Food Bank for Humboldt County

OUR MISSION

Food for People is a non-profit organization working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education, and advocacy.

BOARD OF DIRECTORS

Fiscal Year 2021-2022

Martha Spencer, President
Carol Vander Meer, Vice President
Amber Madrone, Secretary
Lew Litzky, Treasurer
Bill Daniel
Dean Hart
Dorina Espinoza
Bruce Wayne
May Patino
Gary Bird
Melanie Bettenhausen
Joan Levy

OUR VISION

We envision a community where everyone has access to good quality, nutritious food, understands the consequences of hunger and poor nutrition, and is committed to creating a stronger, healthier Humboldt County.

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Food for People, Inc. is a 501(c)(3) nonprofit as referenced by EIN 94-2772549.

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Executive Director's Message

Food for People is proud to share the highlights of our accomplishments for the fiscal year 2021- 2022, which encompasses the period from October 1, 2021 through September 30, 2022. It represents our 42nd year of service to our community, providing food assistance and hunger relief programs to community members experiencing the negative impacts of food insecurity.

Food for People's 2021-2022 year remained affected by major events of the previous years. While the major Public Health Emergency may have ended, COVID-19 and its sub-variants remained a public health threat and impacted the need for food services. Another primary concern of this year was inflation which was clearly front and center in our community, impacting household decisions on what to buy at the grocery store, where to live, how to minimize travel to reduce fuel costs, and determining what necessities people could afford as other costs continued to climb. Not surprisingly, this is especially tough for low-income households who are already trying to stretch limited income to cover the bills.

Additionally, impacts of supply chain shortages caused by the pandemic and various natural disasters impacted Food for People's undertaking to rebuild our main facility. In February 2020, a sewer disaster severely damaged Food for People's flagship facility when a city sewer inundation forced us to move out and demolish the building. COVID obstacles and supply chain issues delayed our timeline but we were finally able to break ground on March 20, 2022. In the meantime, staff and program operations continued spread amongst five locations. Progress on our rebuild was especially exciting as our new, state-of-the-art facility provides almost triple the refrigeration space, a larger on-site pantry area, expanded warehouse capacity, and a welcoming environment for those in need of food assistance!

While our standard programs continued including a countywide network of emergency food pantries; mobile produce distribution to rural areas of the county; food assistance for children, seniors, and homebound individuals; nutrition education; and local food recovery and gleaning efforts, this was our first full year with a dedicated staff member focusing on

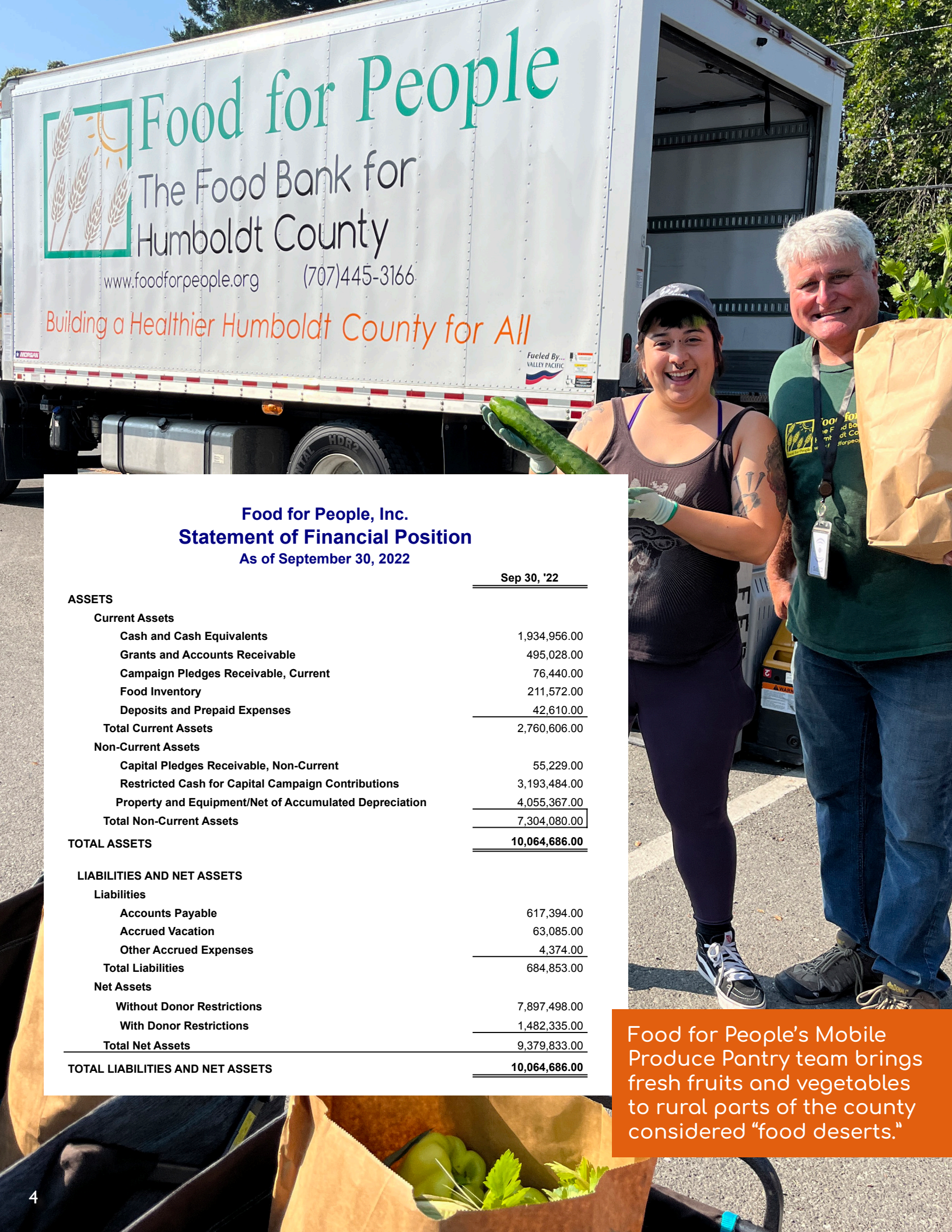


Emergency & Disaster Food Response which came just in time as we provided support to people in eastern Humboldt and along the Trinity County line, as wildfires in the Willow Creek area inched closer to home. And in a somewhat ironic twist, we also provided emergency food assistance to the same area during winter when heavy snow knocked down trees and power lines, cutting residents off from supply routes. These experiences highlight for all of us how much more difficult these emergencies can be when limited resources translate into limited options, which is the case for any low-income household.

Strong partnerships and creative collaborations provide a strong foundation for all that we do, which is why we couldn't be more grateful for the hundreds of community partners who help make our important work possible. As Food for People moves into our next chapter, it is important to acknowledge the vital role that our food and financial donors and our amazing volunteers play in our ability to provide quality services for individuals and households that are struggling financially. Their gift of time, money, food, and resources make it possible for us to help when needed most and represent a significant investment in the long-term health of our community.

With gratitude,

Carly Robbins, Executive Director



Food for People, Inc.
Statement of Financial Position
 As of September 30, 2022

	Sep 30, '22
ASSETS	
Current Assets	
Cash and Cash Equivalents	1,934,956.00
Grants and Accounts Receivable	495,028.00
Campaign Pledges Receivable, Current	76,440.00
Food Inventory	211,572.00
Deposits and Prepaid Expenses	42,610.00
Total Current Assets	2,760,606.00
Non-Current Assets	
Capital Pledges Receivable, Non-Current	55,229.00
Restricted Cash for Capital Campaign Contributions	3,193,484.00
Property and Equipment/Net of Accumulated Depreciation	4,055,367.00
Total Non-Current Assets	7,304,080.00
TOTAL ASSETS	10,064,686.00
LIABILITIES AND NET ASSETS	
Liabilities	
Accounts Payable	617,394.00
Accrued Vacation	63,085.00
Other Accrued Expenses	4,374.00
Total Liabilities	684,853.00
Net Assets	
Without Donor Restrictions	7,897,498.00
With Donor Restrictions	1,482,335.00
Total Net Assets	9,379,833.00
TOTAL LIABILITIES AND NET ASSETS	10,064,686.00

Food for People's Mobile Produce Pantry team brings fresh fruits and vegetables to rural parts of the county considered "food deserts."

History of Food for People, Inc.

Food for People first opened its doors in 1979 as a small food closet. Our programs and services have grown over the past four decades, thanks to the generous support of the local community.

Through a combination of generous local donations and grants—as well as Federal and State contracts to distribute USDA and other purchased or donated food—Food for People is able to provide food for more than 16,000 low-income children, seniors, people with disabilities, and other individuals each month.



Food for People staff at the California Association of Food Banks Conference in Sacramento.

According to data provided through the California Health Interview Survey, **Humboldt County has one of the highest rates of hunger and food insecurity in the state.**

Food for People is a member of the California Association of Food Banks and is designated as a partner distribution organization by Feeding America, a nationwide network of food banks. We are also members of the Northern California Association of Nonprofits, which helps to build and strengthen our focus on local partnerships and collaborations.

The programs offered by Food for People are intended to serve as a safety net for those whose circumstances have left them at risk for hunger and food insecurity. Our goal is to provide individuals and households with the emergency and supplemental food they need while working to address the root causes of hunger in our county.

Meeting the Need in Humboldt County

Food for People currently operates 18 programs designed to address the needs of those who are experiencing hunger and food insecurity.

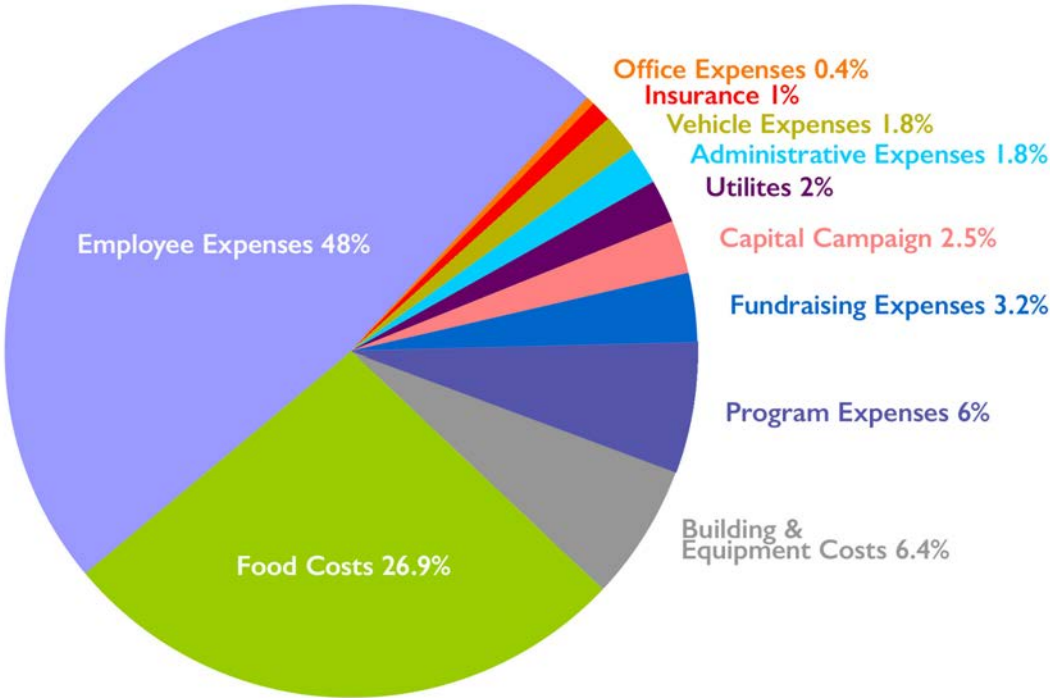
Last year, Food for People distributed more than 2 million pounds of food.



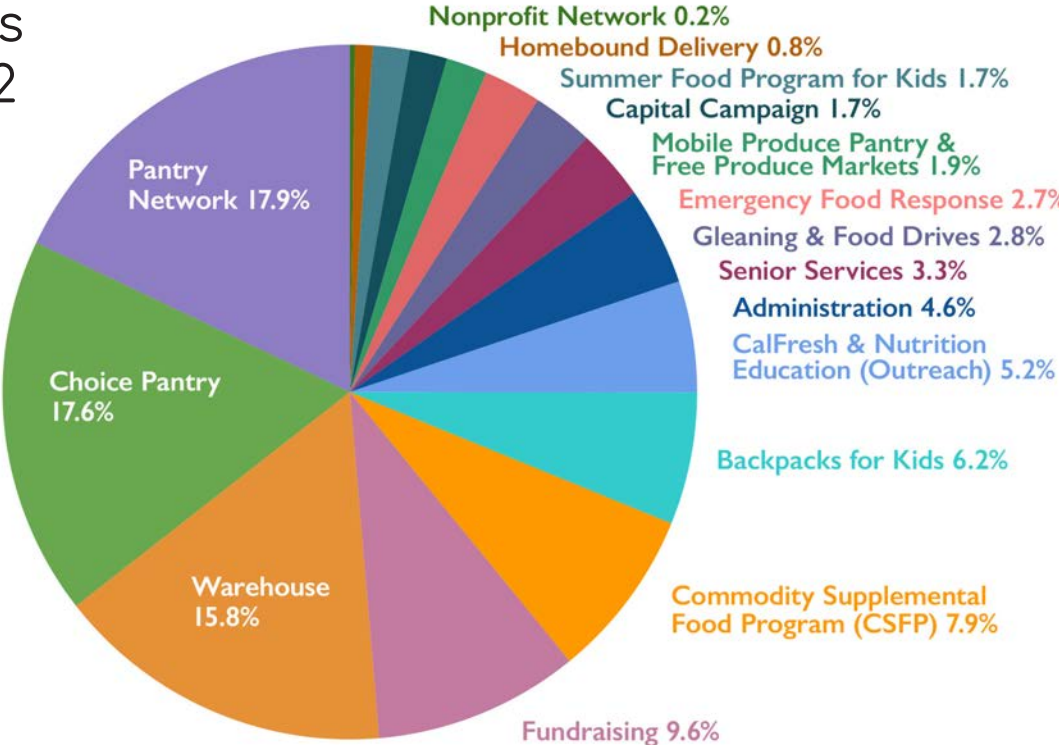
Food for People staff and volunteers pack bags of produce at a drive-thru distribution.

Financials 2021-2022

Expenses 2021-2022



Program Expenses 2021-2022



Rebuilding Food for People



After a sewer inundation forced us to evacuate our building in February 2020, staff and volunteers jumped into action to not only continue our work but to increase services for a community with evolving needs brought on by the pandemic. We developed a plan to rebuild a new facility at our existing lot with flexible space, a height maximized warehouse and increased cold storage. With overwhelming community support, we launched a campaign to raise \$6.2 million for the design and construction of the new building. We broke ground in March 2022 and during the period of this report, much of the major construction was completed. In June 2023 we re-opened at 307 W. 14th in Eureka with all our staff and programs under one roof.



Capital Campaign Contributions & Expenditures Fiscal Year 2021-2022

\$2,557,339

Fixed Assets - 50.6%

Building fixtures & equipment expenses

\$2,464,640

Contributions - 48.4%

Donations to Capital Campaign

\$51,604

Expenses - 1%

Additional general expenses

Countywide Food Pantries

Food for People's Food Pantry Network provides food for 18 pantries and three congregate meal programs (soup kitchens) throughout Humboldt County. 26,434 households (up 18% from 2020-21) were served through our network of pantries last year, representing 53,758 individuals. Food for People monitors each site and provides technical assistance as needed.



Food for People's monthly pantry in Blue Lake.



Volunteers distribute bags at the Eureka Choice Pantry.

The Choice Pantry style of food distribution invites people to select the foods they want and that fit their dietary or cultural needs, meaning less waste. During the height of the COVID pandemic, we temporarily moved to a pre-bagged food model for safety reasons. Last year the Choice Pantry provided 9,438 households with shopping trips, representing 149,394 individuals, and an additional 1,331 Emergency Food Boxes.

Fresh Foods

Food for People's Free Produce Markets distributed 152,294 lbs of fresh fruits and vegetables at four locations monthly, May through October, serving 3,565 households in the 2022 season. The Mobile Produce Pantry served 8,815 households, representing 23,358 individuals, providing fresh fruits and vegetables in remote communities of Humboldt County that lack access to fresh produce.



Fresh produce at one of the summer Free Produce Markets.

Child Nutrition

While many school districts in larger communities continue to offer meals to local children during the summer, children in more rural areas of our county do not have opportunities to access these resources. To help meet this need, Food for People operates the **Children's Summer Food Program** to help kids age 18 and younger in underserved areas of our county. From June through September 2022, we provided children with 2,257 bags of pantry staples as well as fresh produce purchased from local farmers.

Food for People's **Backpacks for Kids Program** provided 157,580 bags filled with kid friendly food to local school children. Food was delivered every Friday during the school year for children who are considered at risk for hunger over the weekend. In 2021-22, the program served 622 children at 34 sites.



Food for People's Child Nutrition Programs provide food to children on weekends and during the summer when school and school food assistance programs are on break.



Volunteers help pack bags and deliver food to homebound people and seniors throughout the county.

Senior Nutrition

Food for People's **Senior Brown Bag Program** provided 4,261 bags of groceries for up to 363 low-income senior households countywide each month. Volunteer drivers deliver bags to those who are unable to pick up. The **Commodity Supplemental Food Program** for seniors provided 3,761 boxes of nutritious food weighing 30-40 lbs for up to 331 seniors each month. Our **Homebound Delivery Program** provided 487 bags of groceries to adults who are unable to pick up. Some recipients are recovering from surgery, while others may be coping with a terminal illness. Referrals come from hospital discharge planners, social workers, home health workers, etc.



Volunteers donated 14,637 hours of their time last year to Food for People — equivalent to 9 full-time staff positions.

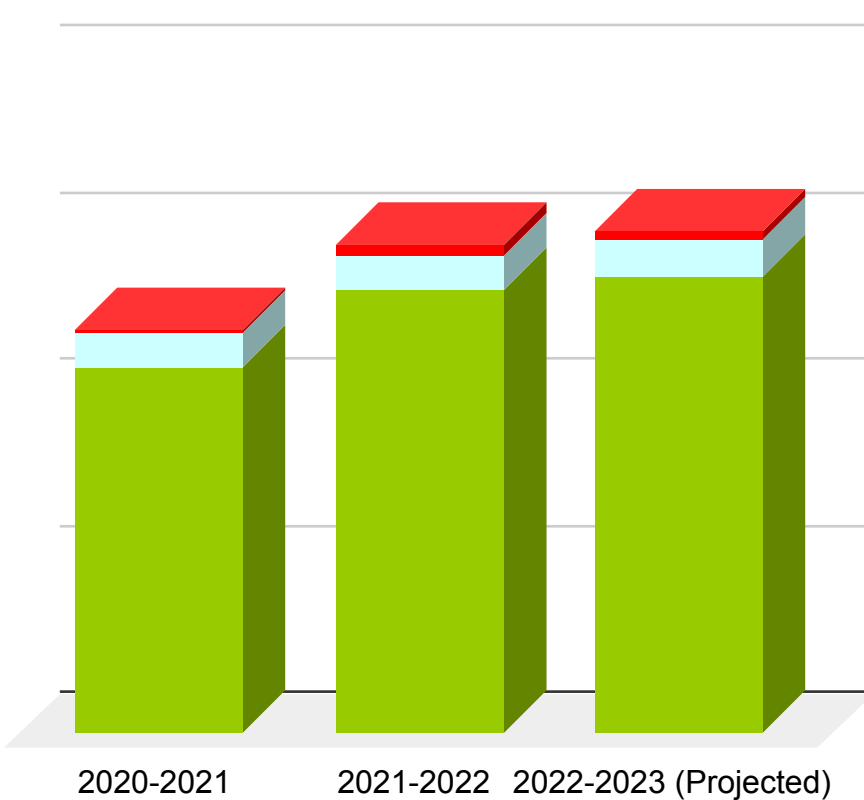
\$4,000,000

\$3,000,000

\$2,000,000

\$1,000,000

\$0



- Program / Media / Equipment / Contractor
- Volunteers
- Food

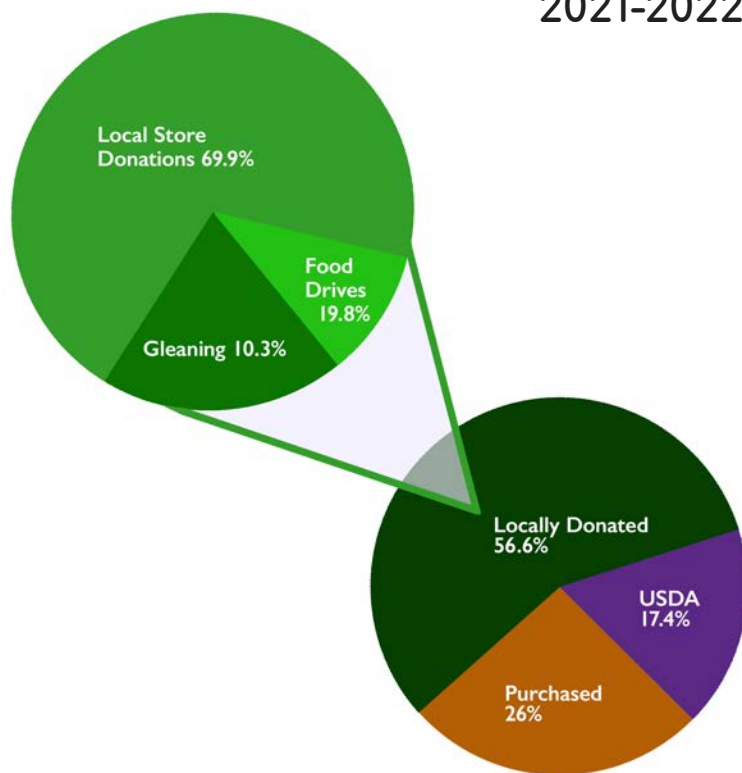
Dollar Value of In-Kind Donations 2021-2022

Food Recovery & Waste Reduction

Food for People's Local Food Resources efforts include a gleaning program, which accessed donations of fresh, local produce and meat from commercial farms, orchards, and ranches and encouraged backyard gardeners to "Plant a Row for the Hungry." Last year gleaning brought in 35,595 lbs of healthy local foods for those in need. Community members donated an additional 98,956 lbs of nonperishable food through Food Drives last year.

Through Food for People's Local Store Food Recovery Program, area grocery, pharmacy, and health food stores donate excess foods to help those experiencing hunger. We were able to recover 213,700 lbs. of good, useable food from local stores.

Distributed Food by Source 2021-2022



Food for People's Local Food Resources Coordinator Allison packs fresh produce sourced from a local farm.



Emergency Response

When disasters strike Humboldt County, Food for People works with its network of federal, state, and local connections to make food resources available to those experiencing hardship. Food for People is a member of our local chapter of COAD (Community Organizations Active in Disaster) and is part of Northern California's disaster planning with other food banks in the state. Food for People's **Emergency Food and Disaster Program** responded to winter storm emergencies in Hoopa and communities along 299 in January 2022, COVID and Winter storm relief in April 2022 and wildfires in Willow Creek and Bridgeville in August and September 2022.



Food for People staff deliver air filters and emergency food boxes to people affected by wildfire smoke.



Food for People distributed emergency food to communities in eastern Humboldt County during wildfire season.

Partnerships

Food for People provides food to nearly 100 partner agencies across Humboldt County. The **Nonprofit Food Network** invites local non-profit organizations serving low-income individuals to access foods in our warehouse at a low, per pound cost.

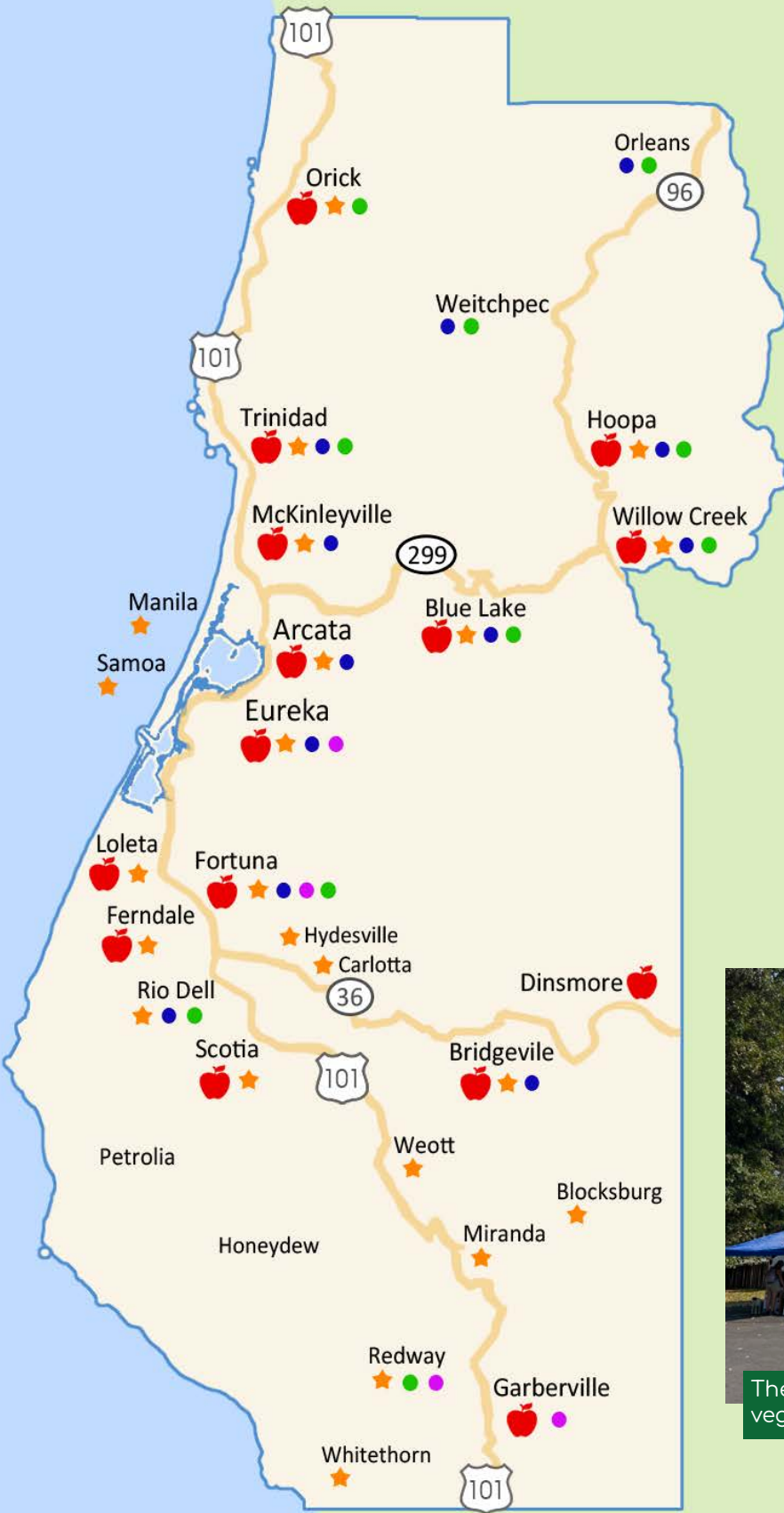
Food for People regularly partners with organizations like Pay it Forward Humboldt and the Red Cross to provide food assistance during area wildfires.



Food for People

The Food Bank for Humboldt County

Map of Countywide Services



Network of Food Pantries



Sites with Child Nutrition Programs: Children's Summer Lunch - Backpacks for Kids



Sites with Senior & Homebound Programs



Sites with Free Produce Market Distributions



Sites with Mobile Produce Pantry Distributions

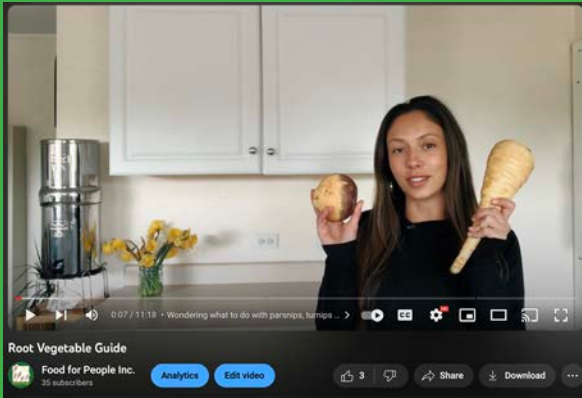
www.foodforpeople.org



The Mobile Produce Pantry team brings fresh fruits and vegetables to rural parts of the county like Orleans.

Outreach

Food for People operates various outreach programs, including **Nutrition Education** which provides demos, taste tests, recipes, and cooking videos for children and adults to teach about cooking healthy meals on a budget.



Nutrition Education Coordinator Magnolia makes budget-friendly cooking videos on Youtube showcasing foods distributed by Food for People.



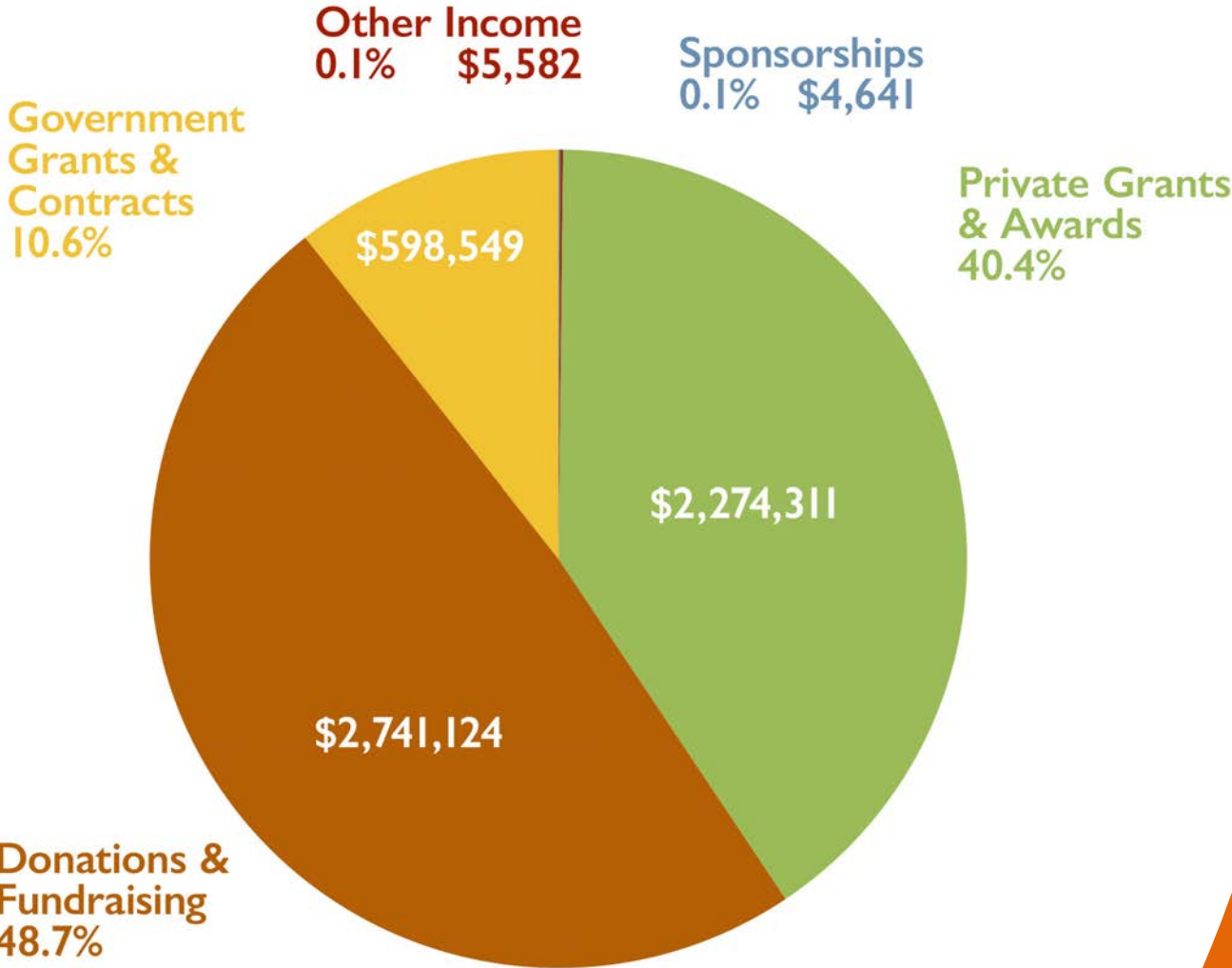
Bilingual CalFresh Outreach Specialist Britt visits distributions across Humboldt County to help connect households with services that address hunger.

CalFresh Outreach offers assistance, including bilingual help, for working families and seniors countywide to enroll them in CalFresh (formerly known as food stamps), and connect them with other services to help address the root causes of hunger and poverty.

Advocacy - Food for People works to advocate for policies and strategies that reduce poverty and hunger and support access to nutritious foods and good health.

The Work Readiness Program provides training and work experience for folks facing unemployment challenges, so that everyone in our community can build a better life.

Funding Sources 2021-2022





Our Values

Integrity — We will demonstrate the highest ethical standards in all interactions.

Stewardship — We will be accountable to all through the efficient and environmentally responsible use of resources.

Teamwork — We will foster cooperation and a sense of empowerment amongst our diverse staff, volunteers, and community partners.

Respect — We will treat all of our relationships with respect.

Innovation — We will continually seek to provide excellent service through the development of new and improved methods to reduce hunger.

Empathy, Passion, Empowerment — We encourage and support the best in ourselves and those we serve and provide opportunities for everyone to participate in fulfilling our mission.

We believe hunger can be eliminated.



Food for People

The Food Bank for Humboldt County

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foodforpeople.org
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