



Food for People

The Food Bank for Humboldt County

2017 Fast Facts

Food for People is the major hunger relief agency for Humboldt County, serving the community since 1979—**38 years!**

Food for People provides for more than 12,000 households countywide each month – 10% of Humboldt County's population. 44% of low-income households in Humboldt County are food insecure (*Census Bureau's American Community Survey 2015*)

- 9 out of 10 Food for People clients are housed and have income.
- 1/3 of the people served are children who depend on others in order to have enough food to eat.
- Many of those we serve are working families that are underemployed or do not earn enough to survive.
- 1/4 of the people we serve are seniors who have worked all their lives and now struggle to survive on fixed incomes.
- More than 40% of all households we serve rely on disability income.

Food for People's 18 programs provide:

COUNTYWIDE FOOD ASSISTANCE: Our **NETWORK of 17 FOOD PANTIRES** includes a **CHOICE PANTRY** on site at our warehouse in Eureka as well as pantries across the county as far north as Orick, south to Garberville, east to Willow Creek and Dinsmore, and many locations in between. In Humboldt County **20% of the population** is below the federal poverty line (FPL) – *a family of 3 living on less than \$20,160 falls under the FPL (Census Bureau's American Community Survey 2015).*

CHILD NUTRITION: Our Child Nutrition Programs, **BACKPACKS FOR KIDS & CHILDREN'S SUMMER LUNCH**, work to fill the meal gap for at-risk children in the community when school meal assistance is unavailable. **23% of children** age 18 and under in Humboldt County live below the federal poverty line. (*Census Bureau's American Community Survey 2015*) –56% qualify for free or reduced cost meals at school (*CA Department of Education*).

SENIOR & HOMEBOUND NUTRITION: Our **SENIOR & HOMEBOUND PROGRAMS** – work hard to serve seniors and people with disabilities at 16 sites countywide. We believe that providing nutritious food to our seniors to help them maintain their health and independence should be our first line of defense against chronic and age-related conditions

FRESH PRODUCE & LOCAL FOODS: Last year we distributed more than **2 million pounds** of food to low-income Humboldt County households —**36% of the food distributed was fresh produce!** Our **GLEANING, FOOD DRIVE**, and **LOCAL FOOD RECOVERY PROGRAMS** work with local farmers, stores, and community members to access healthy food for those in need while cutting down on food waste, while our **FREE PRODUCE MARKETS** and **MOBILE PRODUCE PANTRY** work to provide fresh fruits and vegetables county-wide to those in need.

TOOLS FOR HEALTH AND SUCCESS: Our **ADVOCACY, CALFRESH OUTREACH, NUTRITION EDUCATION, VOLUNTEER** and **WORK READINESS PROGRAMS** work to advocate for policies that reduce poverty and hunger, connect people with existing hunger relief programs, educate on the importance of access to healthy foods and how to use them, and offers ways for those in need to gain work experience so that everyone in our community can build a better life. Many of our volunteers and work readiness staff gain vocational skills that help them secure stable, fulfilling employment.

CREATIVE PARTNERSHIPS: Food for People partners with local organizations, resource centers, schools, businesses, and service clubs to further the reach of our programs. In addition our **NONPROFIT NETWORK** welcomes local nonprofit organizations to access foods from us at a low cost (cents per pound!) and our **EMERGENCY FOOD & DISASTER PROGRAM** makes food available to communities affected by a disaster situation.

For more information, visit www.foodforpeople.org or call us at (707) 445-3166